

Ken Crosson, CFP, CPCA Tara-Lee Crosson, CFP, BA
CERTIFIED FINANCIAL PLANNERS

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www.discovery-financial.ca kcrosson@discovery-financial.ca

How to manage finances on a single income.

In 2016, one-person households became the most common living arrangement in Canada for the first time, accounting for 28 per cent of all households and representing 4 million Canadians.[1] The number of people living alone between 35 and 64 has increased faster than other age groups, so the trend is not limited to the younger or older ends of the adult spectrum.[2]

The shift to one person households can largely be attributed to Canadians marrying later in life, divorcing more often and living longer.[3]

Singles are feeling the squeeze

People who live alone have a unique set of financial challenges. Most single Canadians are on the hook for 100 per cent of their living expenses and have no partner to fall back on financially should they lose their job or become ill or injured. They often have fewer tax planning opportunities, such as income splitting or family tax deductions, and may delay saving for retirement because they spend their money on more immediate financial needs.

Understandably, some solo dwellers feel their paycheques are stretched to the limit. Housing affordability is a major concern. According to the 2016 Census, 41 per cent of one-person households spent 30 per cent or more of their average monthly household income on rent or mortgage payments.[4] A recent survey found that 46 per cent of those living alone said they struggle to save for retirement while managing day-to-day bills, since they have to cover all their expenses on a single income.[5]

Financial basics for solo living

With careful planning, Canadians who live alone can support themselves financially – and still be able to save for their financial goals. Here are some tips.

Set up an emergency fund

One of the first things to consider is starting a fund to cover you in case of a financial setback. A small amount put aside with a weekly or monthly automated payment on payday will grow to a healthy balance quickly (aim for three to six months of expenses), and you'll barely notice the reduction on your paycheque. A nonregistered savings account that pays high interest without locking in your money is a good option. And while you don't want to have to rely on credit cards in an emergency, you could consider opening a line of credit, which would typically charge a lower interest rate. Call us to get the best high interest savings account and also a secure line of credit, this area is also part of or financial planning expertise.

Create a budget

It's tempting to travel and dine out, or indulge in other social activities, when there's just one set of needs and wants to consider. A budget helps avoid the pitfalls of overspending and can show you how you might be able to reallocate funds towards savings. An array of budgeting apps, tools and worksheets is available to help you get closer to your financial goals –we as your Advisor are here to help too.

Consider insurance

Because singles depend so heavily on their ability to earn a pay cheque, illness, disability or supplemental health and dental insurance could be more beneficial than life insurance. Should an unexpected illness or disability arise, income replacement protection could help provide an income to someone who is unable to work, so they can manage their expenses with less worry and focus on getting better. We can help you determine which type of insurance is most suitable for your situation.

Tel: (306) 522-5674

Plan for retirement

Start as early as you can and keep investing – even if it seems difficult. Longer-term investing gives you a longer period of potential investment growth, and even small deposits can add up quickly. Contributions toward your Registered Retirement Savings Plan (RRSP) and/or Tax-Free Savings Account (TSFA) can help with tax efficiency and should be included in your budget. Let us know if you would like to start a RRSP or TFSA today.

- [1] Statistics Canada, "Study: Living alone in Canada," March 6, 2019, www150.statcan.gc.ca/n1/dailyquotidien/190306/dq190306b-eng.htm (accessed May 6, 2019).
- [2] www.cbc.ca/news/business/canadianslivingalone-single-statistics-canada-1.5045116
- [3] Ibid.
- [4] Statistics Canada, "Study: Living alone in Canada," March 6, 2019, www150.statcan.gc.ca/n1/dailyquotidien/190306/dq190306b-eng.htm (accessed May 6, 2019).
- [5] www.advisor.ca/news/industrynews/help-single-clients-plan-forretirement

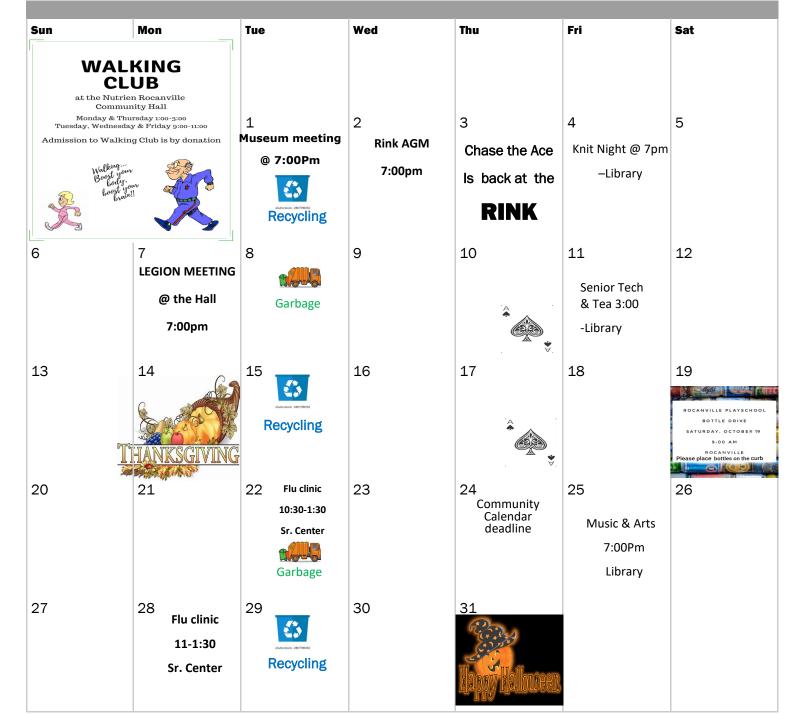
E.OE. Article from Manulife Financial

ROCANVILLE & DISTRICT CALLED AR



October 2019





Town of Rocanville October, 2019





Transfer Station Open:

Mondays 12:00-6:00

Wednesdays 3:00-6:00 Fridays 2:00-6:00

Saturdays 11:00-3:00

Town Office Telephone: 306-645-2022

Fax: 306-645-4492

Email: rocanville.

town@sasktel.net

Town Council

Mayor

Daryl Fingas Councilors

Stan Langley Ed English Ken Nixon Irene McLean Ron Reed Marcel Gagnon



DOGS & CATS

The new bylaw will be given final reading at the October 16th meeting, if anyone wishes to add or pass comment please contact the office prior to this date. A copy of the proposed bylaw is on pages 3, 4 & 5 of this calendar.



The Town would like to Thank everyone who donated to the community benches and garbage bins.

They are greatly appreciated!

The Town has improved our **RV** Dumping Site. It is now operational. Watch for the New Signage!!

The Town is inviting Tenders for the position of "Janitor" at the Medical Clinic.

Duties include but are not limited to: • wash floors and vacuum carpeted areas; • dust shelves, desks, counters, examination lamps and wall-mounted equipment; • clean all bathroom fixtures including urine sample cubby holes; • use disinfectant wipes on door knobs, chair arms, examination tables and exam stools (where applicable)

For full details please contact Town Office







AT THE LIBRARY



Wednesday Mornings @ 10am. For young children! Come @yourlibrary enjoy a story and a fun craft or playtime!



NEW! Knit Night: Friday October 4th @ 7pm.

Bring your knitting, crocheting or other yarn projects to work on at the library! A relaxing time to share projects, get help, learn a new skill or just to get of your house and see what others are working on. This will be happening the first Friday of every month at 7pm. Beginners or advanced, everyone is welcome.



Senior's Tech and Tea! Friday, October 11th from 3-4pm.

Have questions of how to use your smart phone, computer or library apps? Come see what the library has to offer, enjoy some company and a cup of tea!

Music & Arts Night: Friday, October 25th at 7:00 pm

Darren and Daniel Green will be performing at our upcoming community event! Jam Session to follow, as well as coffee and dessert! Please join us and enjoy the evening!

Interested in joining the Library Board?

The Library is looking for new Board Members to provide fresh input and new ideas! If interested, please call the Library @ 306-645-2088.

Library Hours:

Wed: 9 AM-12:00 P M and 2:00-6:00 PM

Thurs: 2:00-6:00 PM Friday: 2:00-6:00 PM

> Phone: 645-2088 218 Ellice Street





Next Board Meeting:

Wed. November 13, 2019 6:00 pm at the Library.







Music by Richard Rogers Book by Howard Lyndsay and Russell Crouse

Lyrics by Oscar Hammerstein II

Suggested by "The Trapp Family Singers" by Maria Augusta Trapp



FRIDAY, NOV. 8, 2019- 7 PM SATURDAY, NOV. 9, 2019- 7 PM SUNDAY, NOV. 10, 2019-1 PM & 7 PM

COMING SOON TO MOOSOMIN SK. CONEXUS CONVENTION CENTRE

DESSERT THEATRE TICKETS \$30

TICKETS WILL BE ON SALE

SEPTEMBER 9, 2019
WATCH FOR DETAILS!

This production is presented by arrangement with Josef Weinberger LTD on behalf of R&H Theatricals of New York

Town of Rocanville

BYLAW NO. 2019 – 02

A BYLAW TO PROVIDE FOR THE CONTROL OF DOGS AND CATS WITHIN THE LIMITS OF THE TOWN OF ROCANVILLE.

The Council of the Town of Rocanville in the Province of Saskatchewan, enacts as follows:

- 1. This Bylaw shall be known as the "Dog and Cat Control Bylaw".
- 2. Any person residing in the Town shall not own, possess or harbor a dog or cat that without provocation shows aggressive attitudes towards any persons, other dogs or cats.
 - a) "Aggressive" shall mean:
 - any dog without provocation, in a vicious or menacing manner, chased or approached a person or domestic animal in an apparent attitude of attack;
 - any dog having an inclination, tendency or disposition to attack without provocation, to cause injury or to otherwise threaten the safety of persons or domestic animals;
 - iii) any dog which has without provocation, bitten, inflicted injury, assaulted or otherwise attacked a person or domestic animal;
 - iv) any dog owned primarily or in part for the purpose of dog fighting or is trained for dog fighting;

but shall not include:

- i) any dog acting in the performance of police work; or
- ii) any dog working as a guard dog on commercial property:
- securely enclosed on the property by a fence or other barrier sufficient to prevent the escape of the dog and the entry of children of tender years;
- defending that property against a person who was committing an offence.
- 3. Any person residing in the Town who owns, possesses or harbors a dog or cat, shall ensure that the animal does not run at large within the Town, and for the purposes of this bylaw, a dog or cat shall be deemed to be running at large when it is beyond the boundaries of the land occupied by the owner, possessor, or visitor.
 - i) Securely confined with an enclosure: or
 - ii) Securely fastened (on a leash or chain) so that the animal cannot roam at will.
 - b) "Owner" includes:
 - i) a person who keeps, possesses or harbours a dog;
 - ii) the person responsible for the custody of a minor where the minor is the owner of a dog;

but does not include:

- a veterinarian registered in accordance to The Veterinarians Act, 1987, who is keeping or harbouring a dog for the prevention, diagnosis or treatment of a disease or injury; or
- ii) an urban or rural municipality, the Saskatchewan Society for the Prevention of Cruelty to animals, a local Society for the Prevention of Cruelty to Animals or a Humane Society operating pursuant to The Animal Protection Act, with respect to an animal shelter or impoundment facility operated by any of them.

Town of Rocanville Bylaw No. 2019-02 Page 2

> "provocation" means an act done intentionally for the purpose of provoking a dog.

- 2

- 4. Any owner who's dog or cat is found guilty of an aggressive act shall be liable to a penalty of \$500.00, and should a person who harbors an "aggressive pet" not remove the animal within 48 hours, an additional penalty of \$100.00 per day shall be applied to the original \$500.00 penalty.
- 4. An owner who's dog or cat is found running at large after a first offence shall be liable to a penalty of \$250.00 and subsequent penalties of \$250 for every occurrence after the initial penalty.
- An owner may voluntarily pay the penalty as specified in this bylaw to the Town of Rocanville upon being served with summons within the time specified in the summons, and upon payment shall not be liable to prosecution under this bylaw.
- No other pets as listed on Schedule "A" shall be brought into the Town of Rocanville without a permit from the Town Council.
- 7. Bylaws # 94/5, 2009-22 and 2014-02 are hereby repealed.
- 7. This bylaw shall come into force and take effect upon the date adopted by Council.

	a) b) c)	Read a first time this Read a second time this Read a third time this	4 th day of September, 2019 18 th day of September, 2019		
			Mayor		
SEAL					
			Administrator		

SEPTEMBER 25 OPENIO 8:00PM ON WEDNESDAYS (UNTIL FURTHER NOTICE)



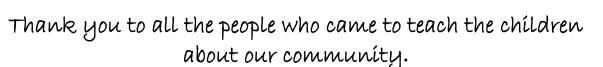
122 ELLICE STREET ROCANVILLE, SK 306 645-2828



September 30– Oct 4th -Transportation week (Theme)

Oct 7-11th - Nursery Rhymes

October 14-31— all things Spooktacular



Pastor Nick for helping the kids collect and donate a large tote worth of food to the food bank.

Owen Wilson, Mark Moore, Craig Davies for teaching about fire safety and taking the kids for a ride in the fire truck.

Tanya Strandland coming from Sharps to teach about Agriculture in our community.

Nurse Karen Cheverie teaching us about germs and proper hand washing.

Bailey Williamson and Sue Sadler teaching us about water safety.

Megan Wilson showing us how cool being a vet tech is and all about animal skeletons and taking

Rocanville School OCTOBER 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
•		1 Day 3 Kindergarten	2 Day 4 Pizza Day Sr. X-Country @ Rocanville 2 p.m. Jr. Girls (Gr. 8/9) V'ball Maryfield @ Roc 5:00 p.m.	3 Day 5 Kindergarten	4 Day 6	5
6	7 Staff PD Day (no school for students) Sr. Boys V'ball Roc @ Maryfield 6:00 p.m.	8 Day 1 Kindergarten	9 Day 2 Pizza Day	10 Day 3 Kindergarten	11 Day 4	Cross Country Provincials - PA
13	Thanksgiving Holiday	15 Day 5 Kindergarten	16 Day 6 Pizza Day	Jr. Girls (Gr. 8/9) V'ball Roc @ Moosomin Kindergarten	18 Day 2 Sr. Boys V'ball Tourney @ Carnduff	Sr. Boys V'ball Tourney @ Carnduff
20	21 Day 3 Kindergarten	22 Day 4	23 Day 5 Pizza Day Kindergarten	24 Day 6 Jr. Girls (Gr. 8/9) V'ball Moosomin @ Roc 3:30	25 Day 1 Kindergarten	26
27	28 Day 2	Picture Retakes 10:00 a.m. Kindergarten	30 Day 4 Pizza Day	31 Day 5		

Schedule "A"

Prohibited Animals

The following is a list of animals the keeping of which is prohibited within the Town of Rocanville:

- (a) All Arachnids dangerous to humans (such as scorpions and tarantulas, except tarantulas of the genera Aphonopelma, Avicularia, and Grammostola);
- (b) All Artiodactylus Ungulates (such as goats, sheep, cattle, pigs and llamas);
- (c) All Bats;
- (d) Canids of the following breeds or mixed breeds: Rottweiller, Pit Bull, Doberman Pinscher;
- (e) All Cocodilians (such as alligators, crocodiles and caimans);
- (f) All Edentates (such as anteaters, sloths, and armadillos);
- (g) All Elephants;
- (h) All Felids, except the domestic cat;
- (i) All Hyenas;
- (j) All Marsupials (such as kangaroos and opossums);
- (k) All Mustelids (such as skunks, weasels, otters, and badgers) except the domestic ferret;
- (1) All non-human Primates (such as gorillas and monkeys);
- (m) All Perissodactylus Ungulates (such as horses, donkeys, mules and asses);
- (n) All Pinnipeds (such as seals, fur seals and walruses);
- (o) All Procyonids (such as raccoons, coatis and cacomistles);
- (p) All Raptors, diurnal and nocturnal (such as eagles, hawks and owls);
- (q) All Ratite Birds (such as ostriches, rheas, and cassowaries);
- (r) All Galliformes (such as chickens, turkeys, grouse, quails and pheasants);
- (s) All Anseriformes (such as ducks and geese);
- (t) All snakes of the families Pythonidae and Boidae;
- (u) All Ursids (bears);
- (v) All venomous Reptiles and Amphibians;
- (w) All Viverrids (such as mongooses, civets and genets).

Examples of animals of a particular prohibited group are given in parentheses. They are examples only and shall not be construed as limiting the generality of the group.

Rocanville Pentecostal Church

Knowing Jesus & Making Him Known Growth | Servanthood | Mission | Action

1002 RAILWAY AVE

PASTOR NICHOLAS ALMEIDA: 306-434-9536
NICHOLAS.ALMEIDA@V-MAIL.CA

PASTOR BETHANY ALMEIDA:

306-434-5104

BETHANYDJALMEIDA@GMAIL.COM

SERVICE SUNDAY @ 11AM

YOUNG MENS BIBLE STUDY MONDAY @ 7:30PM

YOUNG WOMEN BIBLE STUDY MONDAY @ 7:30PM

KIDS CLUB WEDNESDAY @ 7:00PM

MIDWEEK BIBLE STUDY THURSDAY @7PM

PRAYER FRIDAY @ 10AM

COFFEE AND PLAY FRIDAY @ 9:30AM

YOUTH NIGHTS FRIDAY @ 7PM

FAMILY EVENT!
HARVEST PARTY
OCTOBER 18TH @7PM
EVERYONE IS WELCOME!

St. Thomas Anglican Church

"Anglicans Serving the Community Since 1883" 201 Carlton Street

ALL ARE WELCOME TO SHARE IN GOD'S WORD

"But you, Lord, are a shield around me, my glory, the One who lifts my head high." ~Psalm 3:3

October Services

Oct 6~Joint Service & Sunday School in St.Paul's United Church at 11:30 am. Potluck Lunch to follow.

Oct 13 ~Morning Prayer Service & Sunday School at 11 am.

Oct 14~THANKSGIVING DAY!!

Oct 20~ Morning Prayer Service & Sunday School at 11 am.
Potluck Lunch to follow.

Oct 27~Morning Prayer Service & Sunday School at 11 am.

SUNDAY SCHOOL is for all children! For further information at 306-435-6156.

Wheelchair accessible Hall & Church rentals, call 306-645-0203

Bible Study will starts in October. Contact Rev. Delta at 306-645-4285.

OCTOBER 2019 ST.PAUL'S UNITED CHURCH



Rocanville, Sask. WELCOMES YOU!

Regular Weekly Church Services 11:30 A.M.

Rev. Barbara Wilkins Church Office – 645-2942

Rev B. Wilkins is in the office Mon & Wed. 9 - 12 am.

Sunday Oct. 06 - Anglican/United Service &

(Pot Luck Lunch)
Sunday Oct. 13 – Thanksgiving Sunday Service with
Communion.

Sunday Oct. 20 & 27 - Regular Church Service

Sunday Oct. 27 – St. Paul's "Fowl Supper" – starting at 5:00 pm

Sunday Oct. 20 - Welwyn Fowl Supper

Monday October 28 - UCW Fall Rally at Glenavon.

Senior Choir Practise Wednedays @ 7:00 p.m. Bible Study Wednesdays @ 2 p.m. at Lodge No. 2

1Thessalonians 5: 16-18 - Rejoice always, pray constantly, give thanks in all circumstances; for this is the will of God in Christ Jesus for You.

ST.PAUL'S UNITED CHURCH



ANNUAL



FOWL SUPPER

SUNDAY, OCTOBER 27, 2019

Held in the

ROCANVILLE UNITED CHURCH STARTING AT 5:00 P.M.





Adults Children 6-12 5 and under - \$15.00 - \$ 7.00

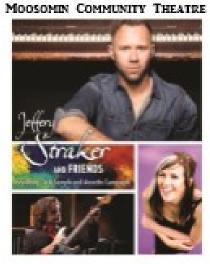
under -

- Free

DON'T FORGET....

MOOSOMIN AND DISTRICT ARTS COUNCIL PRESENTS:

JEFFERY STRAKER AND FRIENDS FEATURING JACK SEMPLE AND ANNETTE CAMPAGNE THURSDAY, OCTOBER 10, 2019 - 7:30 PM



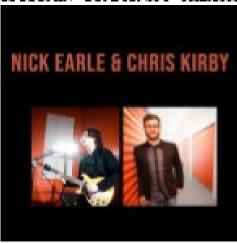
FOR SEASON TICKET INFORMATION CONTACT GWENDA NORRIE: 306-645-2186
ADVANCE TICKETS AT ROCANVILLE SUPER THRIFTY DRUG MART; MOOSOMIN PHARMASAVE;
MOOSOMIN WORLD-SPECTATOR. ADULTS: \$20 STUDENTS: \$10
AT THE DOOR: ADULTS: \$25 STUDENTS: \$10

COMING IN NOVEMBER:

NICK EARLE & CHRIS KIRBY (FORMERLY EARLE & COFFIN)

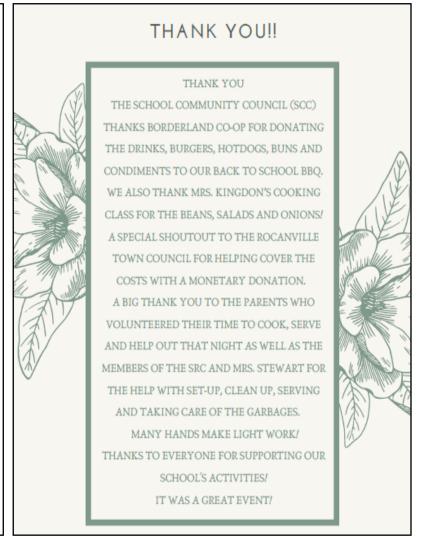
MONDAY, NOVEMBER 4, 2019 - 7:30 PM

MOOSOMIN COMMUNITY THEATRE



NICK EARLE AND CHRIS KIRBY DELIVER A HIGH ENERGY ACOUSTIC BLUES/ROOTS SHOW FILLED WITH GUITAR PLAYING AND SOULFUL VOCALS. BETWEEN THE TWO, THEY HAVE WON NUMEROUS CANADIAN FOLK MUSIC AWARDS AND OTHER AWARDS TOO NUMEROUS TO MENTION.

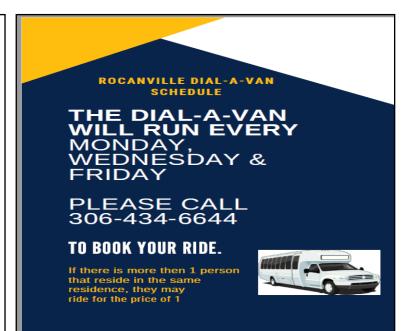






Rocanville Skating Rink AGM October 2, 2019 7:00PM @ The Rink. Board positions available. Everyone welcome and encouraged to attend.





REDUCED IN PRICE 316 Ellice Street 75' frontage X 120' deep. Large, flat, serviced lot

deep.
Large, flat, serviced lo
& centrally
located in Rocanville.
\$29 900 OBO

Call 306-533-7051, 403-620-8268, or 306-577-9510



2019 Terry Fox Walk/Run

Rocanville Recreation along with Rocanville
Cross Country Ski Trails hosted a Terry Fox run on
September 15th at the Cross Country Ski Trails. It was a
beautiful evening with approximately 30 walkers out to
enjoy the trails and wiener roast.

Thanks you to Joan and Dennis Hack for supplying the hotdogs and Rocanville Recreations for supplying the drinks and sweet treats for the event.

Thank you to all who donated!!

THANK YOU!

THE 2018/2019 SEASON WAS A SUCCESS THANKS TO THE COACHES, HELPERS AND REFEREES THAT VOLUNTEERED. THANK YOU AS WELL TO PARENTS WHO HELPED SET UP FOR GAMES AND PRACTICES.

SPECIAL THANKS TO CHERYL FEHR FOR GETTING THE BALLS AND FIELD READY AT THE START OF THE SEASON.

THANK YOU FOR THE DONATIONS FROM THE TOWN OF ROCANVILLE AND THE ROCANVILLE THRIFT STORE.

THANK YOU TO LARRY MAGNUSSEN FOR THE DONATION OF THE PORTA POTTIES AT OUR FIELD THIS SEASON.

SEE YOU ALL NEXT SPRING!!

ROCANVILLE SOCCER ASSOCIATION

Rocanville Flu Clinic Community Senior Center 219 Ellice Street

Tuesday October 22, 2019 - 10:30am-1:30pm

Monday October 28th, 2019 - 11:00am - 1:30pm



Walk - In Only Please wear short sleaves.





HILLCHAR SEED FARMS LTD

Ernest and Dawn Holland

306-645-4223

Various Blends of Lawngrass seed available

THANK YOU

We wish to extend our sincere
"Thanks and Appreciation" to all
the volunteers that helped us out
on and before Museum Day, without
you we could not do it.

A special thanks to Donald and Sandra for barbequing the beef, it is a big job and well done, with lots of positive comments on how great it was.

Thanks also to everyone who came out and supported our Museum Day.
50/50 winner was Murray Lewis



FOR ALL YOUR HOME REPAIR AND RENOVATION NEEDS:

Gyproc – Insulation – Flooring – Paint and Stain – Windows – Doors

Kitchens – Bathrooms

Interior - Exterior

ALSO AVAILABLE:

House, Garage, Shop and Shed Packages



We're more than just metal

Stop in and check out our show room, ask for your free estimate for your project; we are here to help!

FIND US NORTH OF THE GOLF COURSE HWY #8, ROCANVILLE 306-645-2050



- · Preventive Maintenance
- Repairs & Restoration
- Industrial & Decorative Coatings
- Dust Proofing & Sealing
- Paint, Glue Removal & Floor Prep
- Exterior Rubber Surfaces

Marty DeCorby
Box 731 Rocanville, SK S0A 3L0
306-645-2777 (office) 306-435-0900 (cell)
Email: marty@concreterestore.ca
Web: www.concreterestrore.ca





PINKS LAWN CARE SERVICE

2019

LAWN CUTTING

EAVES TROUGH CLEANING

GENERAL YARD WORK



CALL FLOYD FERGUSSON

306-645-2617

PLEASE LEAVE A MESSAGE



Services

EAVESTROUGHS

ELECTRICAL
Residential, Farm.

RENOVATIONS

5" and 6" Continuous Eavestroughing Any Interior or Exterior Renovation

Contact

Stefan Coburn 306.434.0400 stefan.coburn@graypoint.ca Rocanville Community Thrift Store Schedule October, 2019

Monday, Wednesday & Friday 1-4 pm Thursday 6-8 pm

Wednesday, October 2nd—Linda Bock, Eileen Etherinton, Anna DeCorby, Therese Fafard

Thursday, October 3rd—Anne Knight, Sylvia Magnusson, Sandra Maki, Bev Casemore

Friday, October 4th—Penny Yung, Christina Kim, Marie Nixon, Eva Swanson

Monday, October 7th—Anne Knight, Phyllis Harper, Marilyn Hickie, Marjorie Thompson

Wednesday, October 9th—Denise Callin, Irene Ruhland, Suzanne Wushke, Therese Fafard

Thursday, October 10th—Irene Norton, Gloria Tebb Deb Selby

Friday, October 11th—Willa Clarke, Joyce Surridge, Eva Swanson, Sylvia Magnusson

MONDAY, OCTOBER 14TH— THANKSGIVVING DAY HOLIDAY

Wednesday, October 16th—Penny Yung, Anna DeCorby, Marjorie Thompson,

Thursday, October 17th—Linda Bock, Marie Nixon, Glenda Brown

Friday, October 18th—Denise Callin, Joyce Surridge, Phyllis Harper, Irene Ruhland

Monday, October 21st—Willa Clarke, Gloria Tebb, Marilyn Hickie, Suzanne Wushke

Wednesday, October 23rd—Irene Norton, Therese Fafard, Christina Kim, Eileen Etherington

Thursday, October 24th—Penny Yung, Linda Bock, Tracey Moore

Friday, October 25th—Denise Callin, Marie Nixon, Sylvia Magnusson, Eva Swanson

Monday, October 28th—Irene Norton, Suzanne Wushke, Eva Swanson

Wednesday, October 30th—Linda Bock, Gloria Tebb, Marilyn Hickie, Irene Ruhland

Thursday, October 31st— Willa Clarke, Eileen Etherington, Ruth Dejarlais







Rocanville





Jon Muir for donating the hats to the NHL hat auction fundraiser.



306-434-6895 johnathonmuir.wfgopportunity.com

No Family Left Behind

John Muir

Insurance Protection Long-Term Care Insurance Retirement Strategies Business Solutions



Not able to be at home to hand out candy on Halloween?

Do you want to take your kids out trick or treating?

Dream Big Chid Care Inc. has the solution for you! Dream Big is looking for donations of Halloween candy to make candy bags to hand out to the children at our Halloween Family Dance on October 26th.

In return we will give you a door hanger or sign to put on your door for Halloween to let the community know you have supported the trick or treaters at the Halloween Family dance! You can drop off donations at Dream Big Daycare.

Thank you in advance!









Rocanville Minor Hockey would like to **thank** everyone

who worked shifts, donated items, bought tickets, came for supper, and to all who purchased hats.

Thank you to Rhett Parks for once again coming over to auction the hats and entertaining the crowd.

1st, 12th, 24th will take home \$1012 31st will take home \$506

Stanley Cup Champs will take home \$2531

Money from the auction will go towards the new boards needed for cross ice hockey.



Rocanville Curling Club

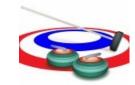
Annual General Meeting is set for

Wednesday, October 2, 2019 at 7:00 pm

At the Rocanville Curling Club Lounge

Please attend and see what we have to offer for the coming season.

Plans are in the works to have the curling club open this winter!!





ITEM

Electric Garden Tiller (Like NEW) Deep Freeze (Like NEW) Water Softener Unit Digital Treadmill Please call Bridie Ott 306-434-9304

PRICE

\$175.00 \$325.00 \$350.00 \$450.00





Prairie Women's Conference

Gathering of Inspirational Prairie Women

Saturday, November 2, 2019

NUTRIEN COMMUNITY HALL - ROCANVILLE, SK

Gather is an event for like-minded women who live on the prairies.

It is a day of inspirational women, networking and self care.

GUEST SPEAKERS:



Amanda Huyde Amanda Huyde and Jana Danielson: On Being Women -

Finding Your Super-powers

This interactive workshop will feature prognotic stategies to your health and welfness, and attimately to find your speepower. They will book on
mutition, hydrotion, seep, movement, and how
all of this plays into the mental spiritual welfness
recessary to keep us going as morns, daughten,
when, and partners every day.



Christalee Froese:

Journey to Joy Children from a council and outer by the dicter

Children Hotels II of partial and author by the incest delitifion. But the true description of her goes more like this Nother. Write: Creatics Suffered Seeler. After a nervous breakdown eight years ago, Rosere was left to reconstruct Be as the hadcreated II. She took on a homemode joy projact that saved her Be and turned into the borner for her first book ... Journey to Joy. The human-local memoir brings to Be this profile warmon's recovery from depression it, analety, tollowing Proces on her two-year joy project to restore her well-being.



Dr. Wendy Davis MD

Naturopathic Doctor

Dr. Wendy David ND, Naturapatric Dactor, has always had a strong betel in health and wellness. She completed her that degree, Bachelor of Kinedology of McMarket University, and her second of the Canadian College of Naturapatric. Medicine. In this interactive presentation Dr. Wendy will discuss the root occurs of burn out and practical mindset and Bertyle shifts you can make to create a better of shorter life.

In this session, Dr. Wendy will be sharing about Recognising the signs and symptoms of burnout Understanding the common cause of burnout in a woman's like Practical took to regain balance and achieve bits.



Bev Davidson Yoga Instructor

taga break by Nev Davidson of Phairle Om Yaga



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