

Ken Crosson, CFP, CPCA Tara-Lee Crosson, CFP, BA

CERTIFIED FINANCIAL PLANNERS

320 Gardiner Pk Crt Tel: (306) 522-5674
Regina, SK S4V 1R9 Fax: (306) 781-7791
www.discovery-financial.ca kcrosson@discovery-financial.ca

Investment loans 101

Borrowing to invest could increase both return potential and risk.

Many Canadians already borrow to invest without thinking about it that way. Taking out a mortgage to buy a home is, technically, leveraged investing.

The homeowner borrows part of the money needed to make an investment in real estate that he or she couldn't otherwise afford. As a result, the homeowner is more exposed to fluctuations in the real estate market – benefiting more if the market value of the home rises but also risking more if the market value of the home falls.

Some people choose to use a similar strategy when investing, and borrow some or all of the money they want to invest. Again, this strategy amplifies the benefit if the value of their investments rises, but also amplifies the risk if the value of their investments falls. That said, for the right investor one who plans to invest for the long term and has a higher tolerance for risk - borrowing to invest can be an effective way to accumulate wealth more quickly. And, when investing outside a registered plan, the loan interest may even be tax-deductible.

How does it work?

Two types of investment loans are 100 per cent loans and multiplier loans. With a 100 per cent loan, the investor borrows the entire amount he or she plans to invest. Some lenders offer 100 per cent loans ranging from \$10,000 to \$300,000. With a multiplier loan, the investor already has some money to invest, and the lender multiplies the value of the investor's capital by up to three times, with loan amounts that can range from \$10,000 to \$1 million.

Regardless of the loan type, the overall strategy is usually the same. The investor borrows a lump sum, invests the money and keeps any investment growth, while paying interest on the loan. The key to a successful investment loan strategy is ensuring that the return on the investment is significantly higher than the interest on the loan - providing some leeway in case interest rates rise - and that the return is relatively stable. experiencing little volatility. That means the choice of investment is critical: it should provide solid performance with low risk.

Investors should be aware that they must be disciplined about paying back the loan because, unlike a mortgage, investment loans often don't require that some principal be repaid with every payment.

What happens when investments rise – or fall?

An investment loan increases the amount of money an investor has available to invest, which amplifies any gains or losses. For

Is it right for you?

Investors who are thinking about borrowing to invest should

consider their time horizon, risk tolerance and the amount of debt they already have. They should be able to count on enough income to cover loan payments and taxes due on potential investment growth. They should also evaluate whether they can reliably earn returns that are significantly higher than the interest on the investment loan.

If you're interested in finding out more about investment loans, give us a call we can help you weigh the benefits against the risks and decide if this approach is right for you

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November 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					Library—Knit Nite 7pm	
3 Atoms vs Ochap 12:00	4	5 Museum meeting @ 7:00Pm Garbage	6 Town Council Meeting	7	III NATIVA VISION VICIONIS IN INCIDIO INCIDIO IN INCIDIO INCIDIO IN INCIDIO I	
Atoms vs Moosomin Blue 12:00	Wreath Laying at the Cenotaph—10:30am Remembrance Day Service at St. Paul's United Church at	12 Recycling	13 23rd Anniversary Anniversary Looping to the state of	14	15	16 Atoms vs Kahk 2:15 Business Holders Christmas Party
17	10:45 am 18	19	20	21	22	23
Novice vs Moosomin White 12:00		Garbage	Town Council Meeting			Atom AA Tournament St. Paul's United Church Annual Bazaar Church Basement 1-3
24	25	26	27	28	29	30 PeeWee
Peewee vs Yorkton Marks 12:00		Recycling	Community Calendar deadline NOON		Music & Arts 7:00Pm Library	Tournament

TOWN OF ROCANVILLE



WINTER HOURS

Transfer Station Open:

Monday 11:00 - 5:00

Saturdays 11:00 - 3:00

306-645-2022

Fax: 306-645-4492

Email: rocanville.

town@sasktel.net

Town Office Telephone:

Fridays

1:00 - 5:00

ROCANVILLE REMEMBRANCE DAY 2019



On Monday, November 11, 2019, the members of the Royal Canadian Legion Rocanville Branch #020 invite you to attend:

Wreath laying Ceremony at the Cenotaph at 10:30 a.m.

Community Service of Remembrance at St. Paul's United Church at 10:45 a.m.

Lunch following the service provided by

Rocanville Town Council and RM of Rocanville #151.

COMPOST COLLECTION HAS NOW CEASED FOR THE YEAR PLEASE DO NOT PUT ANY GARBAGE IN THE BACK

ALLEYS. DISPOSE OF ALL WASTE IN YOUR BINS OR TAKE TO THE TOWN TRANSFER STATION

Available At The Town Office (As required under The Municipalities Regulations (54))

ANNUAL WATERWORKS INFORMATION

Town Council

Mayor

Daryl Fingas

Councilors

Stan Langley

Ed English

Ken Nixon

Irene McLean

Ron Reed

Marcel Gagnon

On June 5, 2019, Town Council passed a resolution adopting the 2018 financial overview of the waterworks operation:

Total 2018 Waterworks Revenues: \$197,344 \$227,362 Total 2018 Waterworks Operating Expenditures: \$126,771 Total 2018 Waterworks Capital Expenditures: n/a

Total Debt Payments on Waterworks Infrastructure Loans 0.55 Comparison of Revenues to Expenditures as a Ratio

Waterworks revenues covered 55 percent of the waterworks expenditures.

Amount of 2018 waterworks surplus transferred to W/S Reserves: \$100,000

Reserves available for waterworks capital infrastructure: \$157,797

The 2015 Waterworks System Assessment, as required under section 35 of The Water Regulations, 2002, is available upon request.

There are two existing agreements with respect to the provision of municipal waterworks services.



AT THE LIBRARY



 $\operatorname{It'}$ S Storu Wednesday Mornings @ 10am. For young children! Come enjoy a story and a fun craft or playtime!

NEW! Knit Night: Friday, November 1 @ 7pm.

Bring your knitting, crocheting or other yarn projects to work on at the library! A relaxing time to share projects, get help, learn a new skill or just to get of your house and see what others are working on. This will be happening the first Friday of every month at 7pm. Beginners or advanced, everyone is welcome.



Senior's Tech and Tea! Friday, November 8 from 3-4pm.

Have questions of how to use your smart phone, computer or library apps? Come see what the library has to offer, enjoy some company and a cup of tea!

Music & Arts Night: Friday, November 29 at 7:00 pm

Delta Kelly and Ben Gough will be performing at our upcoming community event! Jam Session to follow, as well as coffee and dessert! Please join us and enjoy the evening!

Librarian will be present from 8-9pm.

Interested in joining the Library Board?

The Library is looking for new Board Members to provide fresh input and new ideas! If interested, please call the Library @ 306-645-2088.

Library Hours:

Wed: 9 AM-12:00 P M

and 2:00-6:00 PM

Thurs: 2:00-6:00 PM

Friday: 2:00-6:00 PM

Phone: 645-2088

218 Ellice Street



Next Board Meeting:

Wed. November 13, 2019 6:00 pm







The Rocanville Town & Country Golf Club Executive would like to thank everyone for their support in the 2019 season.

We had a successful season which wouldn't be possible without the support of the community's local businesses in countless different ways, all the volunteers who helped at the course, and everyone else who enjoyed the facility.

We would also like to give special Thank You to the golf club staff themselves – the grounds crew for making the course one of the best looking in the area and the clubhouse staff for all their hard work running the clubhouse and cooking all that amazing food.

We look forward to what the 2020 season will bring and hope to see everyone again next year!

WALKING CLUB

at the Nutrien Rocanville Community Hall

Monday & Thursday 1:00-3:00 Tuesday, Wednesday & Friday 9:00-11:00

Admission to Walking Club is by donation



Membership \$10.00





ROCANVILLE **COMMUNITY CENTER** THE CENTRE WILL BE **OPEN EVERY THURSDAY AFTERNOON** AT 1:00 PM FOR CARDS. BOARD GAMES, POOL, SHUFFLEBOARD AND CRAFTS. ALL MEMBERS AND NONMEMBERS OF ALL AGES WELCOME. COME & JOIN US FOR FUN & FELLOWSHIP For more information on membership please contact Mel Strong or Linda Bock or another

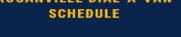


IF YOU ARE NEW TO TOWN PLEASE COME BY THE REC OFFICE MONDAY—FRIDAY 9AM—3PM

WE'VE PREPARED A WELCOME WAGON PACKAGE, FULL OF IMPORTANT COMMUNITY INFORMATION AND FREEBIES FOR YOU!

OURTESY OF OUR LOCAL BUSINESSES!!





THE DIAL-A-VAN **WILL RUN EVERY** MONDAY, WEDNESDAY & FRIDAY

PLEASE CALL 306-434-6644

TO BOOK YOUR RIDE.

If there is more then 1 person that reside in the same



LOT FOR SALE

316 Ellice Street 75' frontage X 120' deep.

Large, flat, serviced lot & centrally located in Rocanville. \$27500 OBO

Call 306-533-7051, 403-620-8268, or 306-577-9510







NOVEMBER 2019

ST. PAUL'S UNITED CHURCH

WELCOMES YOU!

Regular Church Service II:30 a.m.

Rev. Barbara Wilkins (Offices hrs. 9 – 12 Mon. and Wed.) Church Office - 645-2942

Sun. Nov. 03 - Anglican/United Service - Sunday School Pot luck lunch to follow.

Sun. Nov. 10, 17 & 24- Regular Sunday services.

Thursday Nov. 7 at 7 pm join us at St. Paul's United Church for a presentation by Barbara Wilkins and Roy Bortolotto on her summer trip to Germany, Austria, Italy & Switzerland. Juice, coffee/tea & cookies available during a time of fellowship following the presentation. EVERYBODY WELCOME

Mon. Nov 11 - Remembrance Day Service at 10:45 for all to attend, lunch provided by the town of Rocanville.

Saturday Nov. 30- Annual UCW Bazaar "1 pm-3pm"

Watch for the Mitten Tree after November 11th.

Watch for date of Blue Christmas Service in December

Senior Choir Practise - Wed. evenings @ 7:00 pm.

Bible Study-Wed. afternoons @ 2:00pm at #2 Lodge.

Special thanks to all who helped making the Fowl Supper a successwe really appreciate all the support we are given.

John 14:27 - Peace I leave with you; my peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let them be afraid.

Annual Bazaar

St.Paul's United Church of Rocanville Hosts Bazaar in Church Basement

Saturday, November 23, 2019 from 1:00-3:00pm with draws for Penny Arcade at 2:30pm. Baking, Penny Arcade and afternoon luncheon.

Looking Forward to seeing you there.

Rocanville Pentecostal Church St. Thomas Anglican Church

Knowing Jesus & Making Him Known Growth | Servanthood | Mission | Action

1002 RAILWAY AVE

PASTOR NICHOLAS ALMEIDA: 306-434-9536

PASTOR BETHANY ALMEIDA: 306-434-5104

NICHOLAS.ALMEIDA@V-MAIL.CA

BETHANYDJALMEIDA@GMAIL.COM

SERVICE SUNDAY @ 11AM

YOUNG MENS BIBLE STUDY MONDAY @ 7:30PM

YOUNG WOMEN BIBLE STUDY MONDAY @ 7:30PM

KIDS CLUB WEDNESDAY @ 7:00PM

MIDWEEK BIBLE STUDY THURSDAY @7PM

PRAYER FRIDAY @ 10AM

COFFEE AND PLAY FRIDAY @ 9:30AM

YOUTH NIGHTS FRIDAY @ 7PM

FAMILY EVENT! CARDBOARD MOVIE NIGHT **NOVEMBER 15TH @7PM EVERYONE IS WELCOME!**

"Anglicans Serving the Community Since 1883" 201 Carlton Street

ALL ARE WELCOME TO SHARE IN GOD'S WORD

"For you, Lord, have delivered me from death.....that I may walk before the Lord in the land of the living."~Psalm 116:8-9

November Services

Nov 3~Joint Service & Sunday School in St.Paul's United Church at 11:30 am. Potluck Lunch to follow.

Nov 10-Morning Prayer Service & Sunday School at 11 am.

Nov 11~REMEMBRANCE DAY!! Cenotaph Service at 10:45 am.

Canadian Legion Ecumenical Service at 11 am in St. Paul's.

Nov 17~ Morning Prayer Service & Sunday School at 11 am. Potluck Lunch to follow.

Nov 24~Morning Prayer Service & Sunday School at 11 am.

SUNDAY SCHOOL is for all children! For further information at 306-435-6156. ***Wheelchair accessible Hall & Church rentals, call 306-645-0203*** Bible Study, contact Rev. Delta at 306-645-4285.



Borderland



ROCANVILLE C-STORE 306.645.0557 HIGHWAY 8 • ROCANVILLE, SK



www.coreindustrial.ca

email: sales@coreindustrial.ca

New shop now located at Rocanville, SK Head Office: 609 Main ST, Esterhazy, SK SOA 0X0



FOR SEASON TICKET INFORMATION CONTACT GWENDA NORRIE: 306-645-2186
ADVANCE TICKETS AT ROCANVILLE SUPER THRIFTY DRUG MART; MOOSOMIN PHARMASAVE;
MOOSOMIN WORLD-SPECTATOR. ADULTS: \$20 STUDENTS: \$10

AT THE DOOR: ADULTS: \$25 STUDENTS: \$10

COMING IN NOVEMBER:

NICK EARLE & CHRIS KIRBY (FORMERLY EARLE & COFFIN)
MONDAY, NOVEMBER 4, 2019 - 7:30 PM
MOOSOMIN COMMUNITY THEATRE



NICK EARLE AND CHRIS KIRBY DELIVER A HIGH ENERGY ACOUSTIC BLUES/ROOTS SHOW FILLED WITH GUITAR PLAYING AND SOULFUL VOCALS. BETWEEN THE TWO, THEY HAVE WON NUMEROUS CANADIAN FOLK MUSIC AWARDS AND OTHER AWARDS TOO NUMEROUS TO MENTION.

Rocanville Remembrance Day Ceremony 2019



On Monday, November 11, 2019, the Royal Canadian Legion Rocanville Branch #020 invite you to attend:

- Wreath-laying Ceremony at the Cenotaph at 10:30 a.m.
- Community Service of Remembrance at St. Paul's
 United Church
 at 10:45 a.m.

2019 is the 100th Anniversary of the Rocanville Legion Branch

Everyone is welcome to attend lunch following the service provided by Rocanville Town Council and RM of Rocanville #151.

Special Thanks

We gratefully wish to thank
everyone for their generous donations of money, food,
preparing and serving and support in every way.

Thanks also to all who attended our October 27th, 2019
Fowl Supper, thus making is such a success.

Rocanville United Church Women





Rocanville School NOVEMBER 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunuay	Monady	Tuesday	vecinesury	mursacy	1 Day 6	Sr. Girls V'ball Conferences @ Stoughton
3	4 Day 1	5 Day 2 Jr. Girls Gr. 6/7 V'ball Wapella @ Roc 4:30 p.m.	6 Day 3 Pizza Day Remembrance Day Service 11:00 a.m.	7 Day 4 Jr. Girls Gr. 8/9 V'ball Playoffs @ Moosomin Jr. Girls Gr. 6/7 V'ball Playoffs @ Wapella Jr. Boys V'ball Playoffs @ Carlyle	8 PD Day (No school for Students)	9 Sr. Girls V'ball Regionals @ TBA Sr. Boys V'ball Conferences @ Yellowgrass/ Gladmar
10	Kindergarten 11 Remembrance Day Holiday	12 Day 5 Kindergarten	Kindergarten 13 Day 6 Pizza Day	14 Day 1 Milk Contest at Noon Kindergarten	15 Day 2 K-12 Report Cards Sr. Girls V'ball Provincials @ Weyburn	Sr. Girls V'ball Provincials @ Weyburn Sr. Boys V'ball Regionals @ TBA
17	18 Day 3 Kindergarten	19 Day 4 Student Led Conferences 4:00 – 7:00 p.m. Scholastic Book Fair at the Library	Pizza Day Student Led Conferences 4:00 – 7:00 p.m. Scholastic Book Fair at the Library Kindergarten	21 Day 6	Day in Lieu (No school for Students & Staff) Sr. Boys V'ball Provincials @ TBA	Sr. Boys V'ball Provincials @TBA
24	PD Day (No school for Students)	26 Day 1	27 Day 2 Pizza Day	28 Day 3	29 Day 4	30
		Kindergarten		Kindergarten		

A ONE-STOP SHOP FOR **ROCANVILLE NEWS**

CHOOSE CONNECT **ALERTS**

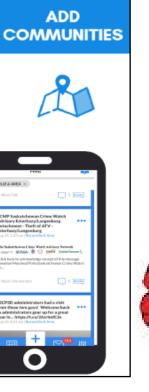














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Gyproc - Insulation - Flooring - Paint and Stain - Windows - Doors

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ALSO AVAILABLE:

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We're more than just metal

Stop in and check out our show room, ask for your free estimate for your project; we are here to help!

> FIND US NORTH OF THE GOLF COURSE HWY #8, ROCANVILLE 306-645-2050

CONCRETE CANADA*

- Preventive Maintenance
- Repairs & Restoration
- Industrial & Decorative Coatings
- Dust Proofing & Sealing
- Paint, Glue Removal & Floor Prep
- Exterior Rubber Surfaces

Marty DeCorby

Box 731 Rocanville, SK S0A 3L0

306-645-2777 (office) 306-435-0900 (cell)

Email: marty@concreterestore.ca Web: www.concreterestrore.ca





PINKS LAWN CARE SERVICE

2019

LAWN CUTTING EAVES TROUGH CLEANING GENERAL YARD WORK



CALL FLOYD FERGUSSON

306-645-2617

PLEASE LEAVE A MESSAGE



Services

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Eavestroughing

ELECTRICAL

Residential, Farm,

RENOVATIONS Any Interior or **Exterior Renovation**

Contact

Stefan Coburn 306.434.0400 stefan.coburn@graypoint.ca

Sausage Er Perogie Supper

Rocanville Catholic Church Hall Saturday, November 23, 2019

Two sittings:

5:00 P.M. 6:00 P.M.

Adults ----- \$ 13.00 Children 6 to 13 - \$ 10.00 5 & under ----- FREE

Tickets available from:

Wayne Bunz - (306) 434-5113 Martin Nienaber - (306) 435-9438 Russell Slugoski - (306) 435-3032, c: (306) 435-7774





Charity at the heart of our work and our faith.

Proceeds to local charities

*Annual Craft & Trade Show

SAT. NOVEMBER 16, 10 - 3 ST. ALPHONSUS ROCANVILLE

HOMESTYLE LUNCH

LOCAL VENDORS 50/50



For tables call 306 733 4437 or 306 434 9530

ROCANVILLE THRIFT STORE

23rd Anniversary



WEDNESDAY, NOVEMBER 13TH

JOIN US FOR COOKIES AND REFRESHMENTS

Something for **EVERYONE!!!**





2 MILES SOUTH OF ROCANVILLE ON #8 HIGHWAY

Open Mon to Sat 9:00-6:00 Sundays by appointment from now until Dec 21

Check out our Facebook page or our website www.cornucopiagardens.ca to see what's new!

Come visit our Farm Market Store!

- You choose. We cut Christmas trees & Fresh Wreaths
- Fresh local baking
- · Frozen farm beef, pork & chicken by Fletcher Farms & Bear Creak Meat Co.
- Houseplants, succulents & more

- Cornucopia Gardens Vegetables, Canning . Old fashioned butter & ice cream from Foothills Creamery. Fresh roasted coffee from Caliber Coffee
 - Flour, grain & more from Daybreak Mills
 - Local honey, eggs, handmade soap, pottery, handsewn aprons, bags, kids clothes & more.
 - Great gift ideas!



2019 Wreath Making Classes

Sat. Nov 23 & 30, Dec 7, 14 @ 1:30 pm

Pre-registration required

Prices to make each wreath as follows, decorations extra. Can make one or more wreaths

#1 Door Swags: \$22.50*, #2 Candy Cane: \$43*, #3 Round Wreaths: \$43*, #4 Star \$65* * taxes included

Alternate dates/times may be available.

Contact us if you would like to book a private group! Call/text 306-434-8400 or email info@cornucopiagardens.ca



Rocanville Community Thrift Store Schedule November, 2019 Monday, Wednesday & Friday 1-4 pm Thursday 6-8 pm



Friday, Nov 1st—Penny Yung, Marjorie Thompson, Joyce Surridge, Christina Kim

Monday, Nov 4th—Denise Callin, Marilyn Hickie, Marie Nixon, Anna DeCorby

Wednesday, Nov 6th— Irene Norton, Phyllis Harper, Eva Swanson, Theresa Fafard

Thursday, Nov 7th—Linda Bock, Sylvia Magnusson, Glenda Brown

Friday, Nov 8th— Willa Clarke, Irene Ruhland, Suzanne Wushke, Gloria Tebb

Monday, November 11th—Rememberance Day

Wednesday, Nov 13th—Denise Callin, Christina Kim, Eileen Etherington, Theresa Fafard

Thursday, Nov 14th—Irene Norton, Marjorie Thompson, Tracey Moore

Friday, Nov 15th—Linda Bock, Sylvia Magusson, Marie Nixon, Joyce Surridge

Monday, Nov 18th—Anne Knight, Eva Swanson, Gloria Tebb, Phyllis Harper

Wednesday, Nov 20th—Penny Yung, Suzanne Wushke, Marilyn Hickie, Irene Ruhland

Thursday, Nov 21st—Willa Clarke, Eileen Etherington, Ruth Dejarlais

Friday, Nov 22nd—Denise Callin, Irene Norton, Christina Kim, Anna DeCorby

Monday, Nov 25th—Linda Bock, Phyllis Harper, Sylvia Magnusson, Marjorie Thompson

Wednesday, Nov 27th—Anne Knight, Marilyn Hickie, Theresa Fafard

Thursday, Nov 28th—Penny Yung, Marie Nixon, Deb Selby

Friday, Nov 29th—Willa Clarke, Joyce Surridge, Irene Ruhland, Eileen Etherington

Monday, Dec 2nd—Pam Botterill, Christina Kim, Eva Swanson, Suzanne Wushke



THANK YOU

Wayne & Sandra Logan and
Justin Logan
for all your work on the motor for the pump at the pool





Thank You

James & Joanne
Scott
for their on going
support and for their
very generous
donation to the pool.



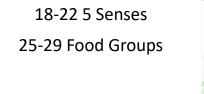


November Themes at Dream Big

4-8 Dinosaurs and Remembrance Day



12-15 Under the Sea 18-22 5 Senses





Our Seeds of Empathy Program began at the end of October. The Seeds of Empathy Program fosters the development of empathy through early literacy and play activities, (observation, problem solving, numeracy, drama, art, reflection, and music & Empathy (observation). Once a month, Baby Mykah and her mom will join us for a family visit at our centre. Along with the Seeds of Empathy family guide (Chris Shopland) and literacy coaches, the children will watch the Baby's growth and development, and predict what Baby will be able to do and how Baby might respond. The students will be learning about the amazing development that occurs in the first year of life, as well as the very special attachment relationship between baby and her parents. This program is for children age 3-5. Our center is the first in Saskatchewan to be trained and to offer this world renowned program to our children.



Thank you Laura Miskiman for coming in in October to teach the children about railway safety during transportation week.

Thank you to everyone who came out to support our Halloween Dance.

This is the 3rd year we have done it and we are soooo thankful to the community for your support in donations, time and for dressing up and coming out.



Thank you to this years Sponsors

Deckers H20 & Spirits to Go

Jeannot Electric

TJs Pizza, Celebration Ford, Kentrax Transport, Cork and Bone Bistro, Town of Rocanville, Fletchers Meat, Red Barn, Subway, Goodmans Steel, Glen McAuley

Raffle items donated by – Dream Big Child Care Inc., Glassers TV, Kassie's, Rail Consulting Inc.

Penny Arcade items – Maple Grove Farms, Bock and Law, Super Thrify Drug Mart, Universe Satellite Sales, Glassers TV, Conexus Credit Union, LH Bradley & Son, The Crate House, AR Designs, Sapara's Drug Mart/Rubicon, Andrew Agencies, Prairie Path Creations, Manetain, Sharpe's Soil Services, Pattison Agriculture, Farm Kid Creations, MNP, Prairie Livestock, LUX and DAE, Sundog Travel, Edge Excavating, TD Bank, IDA Rx, Mazer Group.

Special Thanks to: The World Spectator, Dream Big Daycare Board of Directors and Parent Volunteers, Blueberry Kitchen, Cornucopia, Pentecostal Church, Karen Hollaway, Rodney Budd, Brenda Yaroszko, Continental Consulting, Paighton Cozens, Eileen Munro, 4H Exhange, Kyla Poelzer

Rocanville Minor Hockey is bringing Casey O'Brien of EDGE 2 EDGE power skating for Saturday November 9th.

Please check the times and be ready 10 mins before.



10:00-11:00 Pre Novice & Novice 11:30-1:00 Atom & Peewee 1:30-2:30 Pre Novice & Novice 3:00-4:30 Atom & Peewee

Cost will be covered by Rocanville Minor Hockey (Rocanville Minor Hockey Players only)





Rink Kitchen Workers

November 3rd—Atoms vs Ochap 12:00

Jillian Easton, Brenda McLeod, Jeramie Valentine

November 9—Edge2Edge Camp

Jillian Easton, Brenda McLeod, Position Filled

November 10—Atoms vs Moosomin 12:00

Jillian Easton, Brenda McLeod

November 16—Atoms vs Kahk 2:15

Jillian Easton, Jeramie Valentine

November 17—Novice vs Moosomin 12:00

Jillian Easton, Janice Pritchard

November 22—Peewee vs Grenfell 7:00

Jillian Easton, Brooklyn Kruppi

November 23—Atom AA Tournament

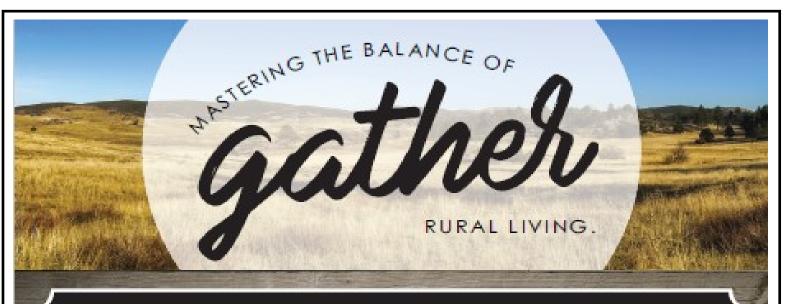
Jillian Easton, Jeramie Valentine, Brooklyn Kruppi

November 24th—Peewee vs Yorkton 12:00

Jillian Easton vs Janice Pritchard

November 30—Peewee Home Tournament

Kari Lessmeister, Brenda McLeod, Jeramie Valentine



Prairie Women's Conference

Gathering of Inspirational Prairie Women

Saturday, November 2, 2019

NUTRIEN COMMUNITY HALL - ROCANVILLE, SK

Gather is an event for like-minded women who live on the prairies. It is a day of inspirational women, networking and self care.

GUEST SPEAKERS:



SLEEP WELL CONSULTING Amanda Huyde and Jana Danielson: On Being Women -

Finding Your Superpowers tely to find your superpower. They will touch on sufflior, hydration, sleep, movement, and how all of this plays into the mental spiritual wellness. ecessary to keep us going as mores, das fees, and partners every day.



Christalee Froese:

Journey to Joy Children from a council and outer by the dicter

definitions. But the true description of her goes more like this Mother, Witter Creator Sufferer Seeler. After a nervous breakdown eight years ago, Proese was left to reconstruct Be at the had arealed it. She took on a homemade joy project that saved her Be and turned into the bones for her first book ... issumey to Joy. The humour-local memoir brings to Be this profile woman's recovery from depression & analety following Proese on her two-year joy project to rentore I



Dr. Wendy Davis ND

Naturopathic Doctor

health and wellness. She completed her first degree, Bachelor of Bheslology of McMaster Univenity, and her second of the Conadian College of Naturapathic. Medicine. In this interactive preventation Dr. Wendy will discuss the root cause of burn out and practical mindset and Bertyle shifts you can make to create a

in this session, Dr. Wendy will be sharing about Recognising the signs and symptoms of burnout Understanding the common causes of burnout in a woman's the Practical took to regain balance and achieve bliss.



Bey Davidson Yoga Instructor

tage break by New Davidson of Phatrie Om Yago



Tickets: \$100

Tickets available at Rocanville Remedial Massage or online at www.gatherprairiewomen.com
For ticket information e-mail helio.gatherprairiewomen@gmail.com REGISTRAJION CLOSES OCTOBER 20, 2019



Sun	Mon	Tue	рем	Thu	М	Sat
					1 Preschool/adult skate 1:30-3:30 Shinny 3:30-5:30 Public Skate 5:30-6:45	2 Pre novice 10:15-11:45 Novice 12-2 Atoms 2:15-4:15 PeeWee 4:30-6:30
3 Atoms vs Ochap 12:00 Public Skate 2:15-3:30 Shinny 3:30—4:30	4 Public Skate 4-5:45 Atoms 6-7:15 Peewee 7:30-9:00	50pen ice 12-3:45 Shinny 3:45-5:15 Can/Star 5:30-7:30 Open ice 7:30-10:00	6 Preschool/adult skate 1:30-3:30 Shinny 3:45-4:30 Public Skate 4:30-5:30 Pre Novice—5:45-6:45 Novice—6:45-7:45	7 Youth Hockey 4-5:30 Atoms—5:45-6:45 PeeWee 7:00-8:00 Old Timers 8:15-10:30	8 Preschool/adult skate 1:30-3:30 Shinny 3:30-5:30 Public Skate 5:30-6:45	9 Minor Hockey Power Skating Camp ALL DAY
40ms vs Moosomin Blue 12:00 Public Skate 2:15—3:30 Shinny 3:304:30	11 Public Skate 4-5:45 Atoms 6-7:15 Peewee 7:30-9:00	12 Open Ice 12-3:45 Shinny 3:45-5:15 Can/Star 5:30-7:30 Open Ice 7:30-10:00	13 Preschool/adult skate 1:30-3:30 Shinny 3:45-4:30 Public Skate 4:30-5:30 Pre Novice—5:45-6:45 Novice—6:45-7:45	14 Youth Hockey 4-5:30 Atoms—5:45-6:45 PeeWee 7:00-8:00 Old Timers 8:15-10:30	15 Preschool/adult skate 1:30-3:30 Shinny 3:30-5:30 Public Skate 5:30-6:45	16 Pre novice 10:15-11:45 Novice 12-2 Atoms vs Kahk 2:15 PeeWee 4:30-6:30
17 Novice vs Moosomin White 12:00 Public skete 2:15-3:30 Shinny 3:30-4:30	18 Public Skate 4-5:45 Atoms 6-7:15 Peewee 7:30-9:00	19 Open Ice 12-3:45 Shinny 3:45-5:15 Can/Star 5:30-7:30 Open Ice 7:30-10:00	20 Preschool/adult skate 1:30-3:30 Shinny 3:45-4:30 Public Skate 4:30-5:30 Pre Novice—5:45-6:45 Novice—6:45-7:45	21 Youth Hockey 4-5:30 Atoms—5:45-6:45 PeeWee 7:00-8:00 Old Timers 8:15-10:30	Preschool/adult skate 1:30-3:30 Shinny 3:30-5:30 Public Skate 5:30-6:45 Peewee vs Grenfell 7:00	23 Atom AA Tournament
24 Peewee vs Yorkton Marks 12:00 Public Skate 2:15-3:30 Shinny 3:30-4:30	25 Public Skate 4-5:45 Atoms 6-7:15 Peewee 7:30-9:00	26 Open Ice 12-3:45 Shinny 3:45-5:15 Can/Star 5:30-7:30 Open Ice 7:30-10:00	27 Preschool/adult skate 1:30-3:30 Shinny 3:45-4:30 Public Skate 4:30-5:30 Pre Novice—5:45-6:45 Novice—6:45-7:45	28 Youth Hockey 4-5:30 Atoms—5:45-6:45 PeeWee 7:00-8:00 Old Timers 8:15-10:30	29 Preschool/adult skate 1:30-3:30 Shinny 3:30-5:30 Public Skate 5:30-6:45	30 Peewee Tournament