

Financial roadblocks

How emotions can create barriers to financial wellness.

MAY NOT SEEM IMMEDIATELY OBVIOUS, but financial wellness is a key element of our overall physical and mental health. When people feel financially well, they exercise more, eat more fruits and vegetables, and get health checkups more regularly. They tend to worry less about money. However. according to a recent study, 40 percent of Canadians feel financially unwell. They are less knowledgeable about investments than their financially well peers, are less likely to feel prepared to deal with a financial emergency. and are highly unlikely to be on track to reaching their retirement goals.

A follow up study reveals that over half of individuals who seek professional help to deal with life issues also have financial challenges. However, only one-third of counsellor's survey found that their clients saw a connection between their finances and other problems.

It's difficult to talk about money issues. People who are financially unwell may have emotional barriers preventing them from gaining control over their finances. Those barriers — or feelings — include embarrassment, shame, fear and guilt. They may worry about being judged or stigmatized for their money problems. And these emotions can keep them

from dealing with their financial issues or seeking help,

Clearing the path to financial wellness

Money issues are not uncommon, nor are they an indication of failure. The same way individuals take steps to improve their physical health; they can take steps to improve their financial wellness. With the right support, Canadians can make progress towards better managing their money.

Ken Crosson, CFP, CPCA Tara-Lee Crosson, CFP, BA CERTIFIED FINANCIAL PLANNERS

320 Gardiner <mark>Pk Crt</mark> Regina, SK S4V 1R9

Regina, SK S4V 1R9 Fax: (306) 781-7791
www.discovery-financial.ca kcrosson@discovery-financial.ca

Tel: (306) 522-5674

An Advisor can provide guidance around budgeting, managing debt and investing. He or she can help with planning for retirement and preparing for financial emergencies. What's more, an advisor can help an individual stay on track and avoid the emotional roadblocks that can hinder success. Each step can bring person closer to reaching financial health.

To create a plan specific to your goals, or if you have concerns about financial situation speak to your advisor.

UNDERSTANDING EMOTIONAL BIAS

Emotions influence the way people think and act when it comes to their money. When those emotions are negative, such as guilt or embarrassment, they can create barriers to achieving financial wellness. But that's not the only way emptions can affect finances. Emotion biases subtle are preconceptions that can have a big impact on goals like saving for retirement. Even seasoned investors can experience

emotional bias. For example, if the stock market starts to drop, someone who gets the "jitters' and rushes to sell stock is acting on emotion, not logic.

Here are four key emotional biases to watch for:

Loss aversion: No one likes to lose. In fact, people tend to feel the pain of losing more than the joy of gaining. Any investor who has watched the value of his or her investments drop and then sold at a low point has fallen pretty to this bias.

Confirmation bias.

People are naturally drawn to information that agrees with their opinions or wants. That can become a concern if someone has too much stock in one company based solely on a good opinion of its products. As another example, employees may accumulate a lot of stock in the business they work for, instead of diversifying to balance their risk.

Recency bias.

This is the belief that what happened in the past will continue to happen.

For example, investors might dive into a stock just as it peaks, simply because the stock performed well the years before.

Herd mentality

This familiar thought process can take hold when investors don't want to be left out of a trend. But before joining the herd, think about whether it's the right investment for you, or the right time to jump in.

Source:

money.usnews.com/money/personafinace/mutual-

funds/articles/2015/05/26/7-behavioralbias-that-may-hyurt-your-investments

ROCANVILLE & DISTRICT ALENDAR January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happ	y New Ye	ear 1 1 9	2	3	4	5
6	7	8 Recycling Collection	Town Council Meeting	10	VS Esterhazy 8:00PM	12
13	14	15 Garbage Collection	16	17	Pathfinders Soup & Sandwich Rocanville Tigers VS Theodore 8:00PM	19 ROCANVILLE VS Langenburg 8:00PM
20	21	22 Recycling Collection	Town Council Meeting	24	25	26
27	28 Calendar Deadline	29 Garbage Collection	30	31 VS Esterhazy 8:00PM	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	HAPPY

E.OE. Article from Manulife Financial

TOWN OF ROCANVILLE JANUARY, 2019





Transfer Station Open:

Mondays 11:00 - 5:00

Fridays 1:00 - 5:00

Saturdays 11:00 - 3:00

Town Office Telephone: 306-645-2022

Fax: 306-645-4492

Email: rocanville.

town@sasktel.net

Town Council

Mayor

Daryl Fingas Councilors

> Stan Langley Ed English Ken Nixon Irene McLean Ron Reed

Marcel Gagnon

NEW TRANSFER STATION HOURS EFFECTIVE JANUARY 1ST, 2019

Mondays 11:00 am - 5:00 pm Fridays 1:00 pm - 5:00 pm Saturdays 11:00 am - 3:00 pm

NOT OPEN WEDNESDAYS SNOW PLOWING

During heavy snowfalls the Town has a priority list of streets where snow will be removed before the residential areas. Please ensure all vehicles are off the streets during this time.

If you need to get out in an emergency please contact the Town Office and the plows will come down your street

ALSO NOTE that council wish to remind residents that the Town of Rocanville Traffic Bylaw PROHIBITS the parking of any vehicle (including campers), on the street for a period of 24 consecutive hours.

BUSINESS LICENCES

Business Owners who live within the Town of Rocanville or pay commercial taxes are no longer required to obtain a business licence from the Town.

OFFICE CLOSURES

MONDAY AFTERNOON 31ST DECEMBER, 2018 AND TUESDAY 1ST JANUARY, 2019

JANUARY MEETINGS

WILL BE HELD ON WEDNESDAY THE 9TH AND 23RD

MAYOR, COUNCIL AND ALL STAFF WISH

EVERYONE A HAPPY NEW YEAR

FOR ALL YOUR HOME REPAIR AND RENOVATION NEEDS:

 $Gyproc-Insulation-Flooring-Paint\ and\ Stain-Windows-Doors$

Kitchens - Bathrooms

Interior - Exterior

ALSO AVAILABLE:

House, Garage, Shop and Shed Packages



We're more than just metal

Stop in and check out our show room, ask for your free estimate for your project; we are here to help!

FIND US NORTH OF THE GOLF COURSE HWY #8, ROCANVILLE 306-645-2050

CONCRETE RESTORATION CANADA**

- Preventive Maintenance
- Repairs & Restoration
- Industrial & Decorative Coatings
- Dust Proofing & Sealing
- Paint, Glue Removal & Floor Prep
- Exterior Rubber Surfaces

Marty DeCorby

Box 731 Rocanville, SK S0A 3L0

306-645-2777 (office) 306-435-0900 (cell)

Email: <u>marty@concreterestore.ca</u>
Web: www.concreterestrore.ca





Call or Text 306-740-8958 for Service 24/7

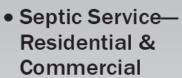


915 Gonczy Avenue

Esterhazy, SK.

E-mail: sales@coreindustrial.ca

Find us online at www.coreindustrial.ca



- Water & Vac
- Hydrovac
- Earthworks
- Washroom Rentals
- Construction Rentals
- Hotshots



The Rec Office Staff

We would like to
Thank the
Community of Rocanville
for being so supportive for our
first year in the office.
We have learned so much and
we continue to learn and

improve as time goes on.



Andrea Logan Kelly Woywada



We want to wish everyone a very Happy 2019

Rocanville Dental Clinic



Now Open at 114 Ellice St. Rocanville

Hours will be 9-5 Monday, Wednesday and Friday open late Tuesday & Thursday 306-645-1000 to book appointment

PINKS LAWN CARE SERVICE

2019

LAWN CUTTING

EAVES TROUGH CLEANING

GENERAL YARD WORK



CALL FLOYD FERGUSSON 306-645-2617

PLEASE LEAVE A MESSAGE

JANUARY 2019 HAPPY NEW YEAR
ST. PAUL'S UNITED CHURCH

Rocanville, Sask. WELCOMES YOU!

Regular Church Services 11:30 A.M.

Rev. Barbara Wilkins Office hrs. 9-12 Mon. and Wed. Church Office- 645-2942

Sun Jan. 06 - Anglican/United Service (Pot Luck lunch)

Sun. Jan. 13, 20 & 27 – Regular services at St. Paul's

Sun. Jan. 20 – Week of Prayer for Christian Unity Service @ 2:30 p.m. at the Pentecostal Church.

Bible Study – Wed. @ 2:00 p.m. at No. 2 lodge Senior Choir Practise – Wed. evenings @ 7:00 p.m.

FRIDAY JAN 18 – PATHFINDERS UCW Soup & Sandwich at UNITED CHURCH starting at 11:30 a.m.



Matthew 6: 14 – For if you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

...........

Rocanville Pentecostal Church

Knowing Jesus & Making Him Known Growth | Servanthood | Mission | Action

1002 RAILWAY AVE

PASTOR NICHOLAS ALMEIDA: 306-434-9536
NICHOLAS.ALMEIDA@V-MAIL.CA

PASTOR BETHANY ALMEIDA: 306-434-5104

BETHANYDJALMEIDA@GMAIL.COM

SERVICE SUNDAY @ 11AM

YOUNG MENS BIBLE STUDY MONDAY @ 7:30PM

YOUNG WOMEN BIBLE STUDY MONDAY @ 7:30PM

KIDS ART NIGHT WEDNESDAY @ 7:00PM

MIDWEEK BIBLE STUDY THURSDAY @7PM

PRAYER FRIDAY @ 10AM

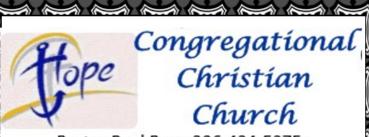
COFFEE AND PLAY FRIDAY @ 10AM

YOUTH NIGHTS FRIDAY @ 7PM

CELEBRATION OF UNITY

ALL GENERATIONS! ALL DEMONINATIONS! EVERYONE IN ONE PLACE! FEATURING LOCAL PERFORMERS. ALL PROCEEDS GO TO "DREAM BIG DAYCARE".

REFRESHMENTS PROVIDED BY THE CONGREGATIONAL CHURCH



Pastor Paul Bunz 306-434-5375



Happenings at Hope

Sunday Service: 10:30 am Bible Study: Wednesdays Coffee 9:30am Study 10:00am

FREE Movie & Popcorn Night: 2nd Friday of the month @7:00pm (Nov—April)

Men's Breakfast: 1st Saturday of the month @9:00am

St. Thomas Anglican Church

"Anglicans Serving the Community Since 1883" 201 Carlton Street

ALL ARE WELCOME TO SHARE IN GOD'S WORD

"My soul glorifies the Lord and my spirit rejoices in God my Saviour."~Luke 1:46-47

January Services

Jan 6~Combined Service & Sunday School at 11:30 am
in St. Paul's United Church. Potluck Lunch to follow.

Jan 13~Morning Prayer Service & Sunday School at 11 am.
Potluck Lunch to follow.

Jan 20~Parish Service & Sunday School at 11am in St. Alban's, Moosomin with Bishop Rob Hardwick.

Jan 27~Morning Prayer Service & Sunday School at 9:30 am.

 $\frac{\text{SUNDAY SCHOOL}}{\text{For further information at 306-435-6156}}.$

Wheelchair accessible Hall & Church rentals, call 306-645-0203

Bible Study is most Wednesdays in the Parish Hall at 6:30 pm, starting back

January 9th.

FOR SALE... NOTICES....LOST....FOUND..... COMING EVENTS

WALKING CLUB

at the Nutrien Rocanville Community Hall

Monday & Thursday 1:00-3:00 Tuesday, Wednesday & Friday 9:00-11:00

Admission to Walking Club is by donation



LOT FOR SALE

REDUCED IN PRICE

316 Ellice Street

75' frontage X 120' deep.

Large, flat, serviced lot & centrally

located in Rocanville.

\$29 900 OBO

Call 306-533-7051, 403-620-8268, or 306-577-9510

Dial-A-Van Schedule

The Dial-A-Van will run every

Monday, Wednesday & Friday

Please call 306-434-6644

to book your ride.





Rocanville Food Share

If you know of anyone in the area in need of food please contact

Darlene Williams 645-2921

Rev. Paul Bunz 434-5375

Roseanne Kelly 645-4561

Betty Mills 645-2102

FOOD OR Cash Donations appreciated

Receipts for income tax available upon request

Rocanville Community Centre

The Centre will be open every Thursday afternoon at 1:00 PM for cards, board games, pool, shuffleboard and crafts. All members and nonmembers of all ages welcome.

Come & join us for fun & fellowship.





For more information on membership please contact Mel Strong or Linda Bock or another board member. Thank you! Membership \$10

EVERYONE is welcome to become a member.



A HUGE THANK YOU

to all the boards who helped put this on.

The hosts at gridiron, golf course, and rink!

We couldn't have done with without you guys!

My board members



Trent Kurbis, Kristin Walchuk, Kristy Amber, Ellie Reid Rookes, Rodney Budd thank you for all your hard work.

To everyone who sold tickets...your efforts are very much appreciated!!

And to all you for buying tickets. This could not have happened without you and it is beyond what we expected and you helped us raise

\$70,000 for the 6 groups involved!!!

Thank you

Until next round Rocanville





Interested in learning to sew??

Beginner sewing classes to begin in the New Year.

Classes are for ages 10 and up.

Must have your own sewing machine.

For more information please call

Nora Fergusson.

645-2617 (leave a message).

**Classes will be dependent on

registration**



The Rocanville Curling Club will be offering a Grocery Hamper Draw again this year.

A grocery cart, seeded with items provided by the curling club, will be placed in the Rocanville Credit Union in late Januray.

Anyone wishing to add items to the cart may do so, as it would be greatly appreciated.

The cart will move to TD Canada Trus<mark>t mid F</mark>ebruary and the draw will be made at TD Canada Trust @ 4:00pm on February 28th, 2019.

Tickets will be available at the
Rocanville Credit Union,
TD Canada Trust,
Rocanville Super Thrifty,
Rocanville Thrift Store, and any
Rocanville Curling Club board members

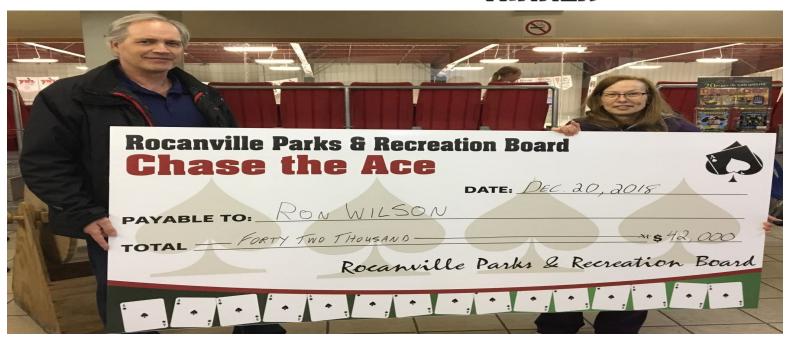
Rocanville Parks & Recreation Board



Glenda Brown \$134.00 Lloyd Bear \$291.50 Karen Payant \$310.00 **Grady Budd \$326.00** Dylan Danielson \$294.80 **Heather Norton \$289.00** Richard McLeod \$274.00 **Hannah Deptuck** \$279.00 Denise Gorgichuk \$189.00 Gloria McCutcheon \$266.00 Denise Gorgichuk \$328.00 Kent Becker \$349.00 Tanish Edwards \$349.00 Ken Kingdon \$388.00 Brandon Kaglea \$427.00 Gisela Goodman \$483.00 Owen Wilson \$521.00 Herb Park \$541.00 Tania Hunter \$767.00 Elliott Glasser \$574.00

Glenda Brown \$637.00 Angela Hutchinson \$706.00 Brian Hansen \$585.00 Mark Simard \$693.00 Ryan Bartley \$760.00 Chad Woywada \$729.00 Clint Birkenshaw \$774.00 **Travis Logan \$1,027.00** Lacey Langley \$1.217.00 Ryan Bartley \$1221.00 Troy Reavie \$1,547.00 Tasha Way \$1,506.00 Kari Lessmeister \$1,858.00 Adam Birkenshaw \$2,553.00 Nicole Tingley\$4596.00

December 20, 2018 \$42,000.00 **WINNER**



Rocanville Economic Development would like to encourage Rocanville residents to take the \$50 challenge.

The Town of Rocanville consists of approximately 460 home owners. If each home owner spent an extra \$50 a week within our community that would generate an extra \$1,196,000.00 each year for our local economy.

Nou Live

in the local area instead—the Sportsplex,

trails, Asessippi or the Moose Mountains.

Take the \$50 challenge and

support your community!

the cross-country ski trails, the snowmobile



of in the city or online, that

will inject \$31,000,000 into our

local economy each year.

Rocanville Community Thrift Store Schedule January 2019

Monday, Wednesday & Friday 1 - 4 pm Thursday 6 - 8 pm

Wednesday, January 2nd—Penny Yung, Therese Fafard, Dianne Eckersley, Audrey Bodenstaff

Thursday, January 3rd—Irene Norton, Marilyn Hickie, Kendra Wells

Friday, January 4th—Linda Bock, Joyce Surridge, Eileen Etherington, Suzanne Wushke

Monday, January 7th—Anne Knight, Pam Botterill,

Gloria Tebb, Phyllis Harper

Wednesday, January 9th—Denise Callin, Irene Ruhland, Terry Fletcher, Eva Swanson

Thursday, January 10th—Penny Yung, Marjorie Thompson, Ruth Desjarlais

Friday, January 11th—Linda Bock, Christina Kim, Marilyn Hickie, Marie Nixon

Monday, January 14th—Irene Norton, Sylvia Magnusson, Dianne Eckersley, Suzanne Wushke

Wednesday, January 16th— Theresa Fafard, Eileen Etherington, Irene Ruhand, Eva Swanson



Thursday, January 17th—Linda Bock, Marie Nixon, Tracev Moore

Friday, Januray 18th—Denise Callin, Audrey Bodenstaff, Joyce Surridge, Gloria Tebb

Monday, January 21st—Penny Yung, Phyllis Harper, Marjorie Thompson, Terry Fletcher

Wednesday, Januray 23rd—Linda Bock, Therese Fafard, Suzanne Wushke, Christina Kim

Thursday January 24th—Irene Norton, Pam Botterill, Glenda Brown

Friday, January 25th—Denise Callin, Eileen Etherington, Sylvia Magnusson, Irene Ruhland

Monday, January 28th, Irene Norton, Eva Swanson, Terry Fletcher, Marilyn Hickie

Wednesday, January 30th—Linda Bock, Therese Fafard, Audrey Bodenstaff, Gloria Tebb

Thursday, January 31st—Penny Yung, Dianne Eckersley, Deb Selby

Friday, February 1st—Denise Callin, Joyce Surridge, Christina Kim, Marjorie Thompson



Saturday, February 2 10:00-2:00

> Lunch served Tables \$25

To apply for a table email

rocanvilleplayschool@gmail.com

IF YOU ARE NEW TO TOWN

PLEASE COME BY THE REC OFFICE

MONDAY-FRIDAY 9AM-3PM

OR CALL 306-645-2164

FOR YOUR

WELCOME WAGON PACKAGE.

FULL OF

IMPORTANT COMMUNITY INFORMATION

AND FREEBIES

COURTESY OF OUR LOCAL

BUSINESSES!!!











Every Wednesday at 10 AM!

Wed. January 2nd- The Library is open again and back to it's usual hours! Hope that everyone had a wonderful Christmas and New Years!



Music & Arts Night- Our next evening will be on January 25, featuring Brayden Jensen. As usual we will be winding up with the Jam Session, and don't forget the coffee and desert! For more info contact Joelle 306-645-0203, or Raelene 306-434-7188.

Did you know?- That our Library has:

- Free high speed Internet Service on public computers with printers available, and also free Wi-Fi.
- -Hoopla, Flipster, and Libby which have e-books, e-magazines, e- audiobooks, streaming movies, and music. Get the free apps at southeastlibrary.ca!
 - -Comfortable seating, table space, and a beverage nook.
- A selection of DVD movies, Video Games, Spoken Word DVDs, and magazines right in our library that can be borrowed with your library card,

and so much more!

Library Hours:

Tues: 1:30-5:00 PM Wed: 9 AM-12:30 P M

and 2:00-6:30 PM

Thurs: 1:30-5:00 PM Phone: 645-2088

218 Ellice Street



Next Board Meeting:

Wed. Jan. 9, 2019 6:30 pm at the Library.







Rocanville School January 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kindergarten – Day 1, 3 & 5		Happy New Year	Christmas Break	Christmas Break (Day in lieu)	Christmas Break (Day in lieu)	5
6	7 Day 3	8 Day 4	9 Day 5 Pizza Day Jr. Girls B'ball Moosomin @ Roc 4:00 p.m.	10 Day 6	11 Day 1 Sr. Girls B'ball Tourney @ Esterhazy Sr. Boys B'ball Tourney @ Lake Lenore	Sr. Girls B'ball Tourney @ Esterhazy Sr. Boys B'ball Tourney @ Lake Lenore
13	14 Day 2	15 Day 3	16 Day 4 Pizza Day	17 Day 5 Milk Contest at Noon Jr. Girls B'ball Roc @ Moosomin	18 Day 6 Sr. Boys B'ball Tourney @ Oxbow	Sr. Boys B'ball Tourney @ Oxbow Jr. Girls B'ball Tourney @ Fillmore
20	21 Day 1	22 Day 2	23 Day 3 Pizza Day	24 Day 4 Gr. 10 – 12 Final Exams	25 Day 5 Gr. 10 – 12 Final Exams	26
27	28 Day 6 Gr. 10 – 12 Final Exams Family Literacy Day	PD Day (No school for students)	30 Day 1 Pizza Day Semester 2 Starts	31 Day 2		



Monday, January 21st at 6:30 Rocanville School

bag with resources to help your child prepare for school.



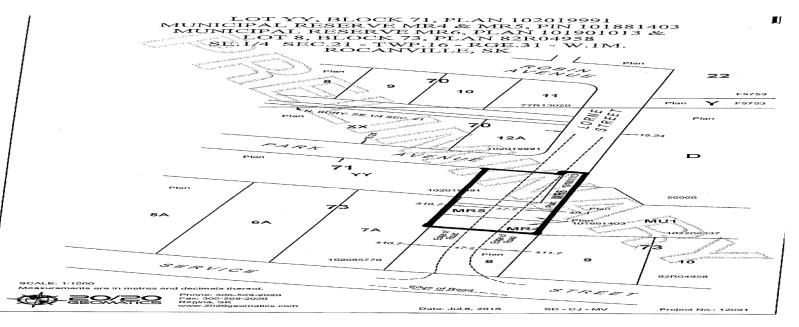
PUBLIC NOTICE OF THE PROPOSED EXCHANGE OF MUNICIPAL LANDS

Pursuant to *The Planning and Development Act, 2007*, Public Notice is hereby given that the Council of the Town of Rocanville intends to consider adopting a bylaw to exchange the following public land:

MR4 & MR5 Plan 101881403 & MR6 Plan 101901013 & A portion of YY Plan 102019991 measuring 19.22m x 32.07m

The affected land is generally known as: "lane past Jane's restaurant"

The following map shows the land outlined by a bold line:



The reason for the exchange is to create a legal extension of Lorne Street.

The proposed bylaw may be inspected by any interested person or group at the Town Office on any judicial day between 8:00am - Noon and 1:00pm - 4:00pm. Copies are available at a cost of \$0.25 per page.

Council will hold a public hearing on January 23, 2019 at 7:00 pm at the Town of Rocanville Council Chambers, to hear any person or group who wants to comment on the proposal. A letter or petition giving the reasons for appearing may be delivered or sent to the undersigned by 12:00 Noon on Monday, January 21st, 2019.

Issued at the Town of Rocanville this December 24th, 2018.

Signed: Monica Pethick, Administrator

Rocanville Recreation February Break Camp

Rocanville Recreation is excited to announce that we will be offering

FEBRUARY BREAK CAMP from February 19-21, 2019!

We want to do lots of fun winter themed crafts and cool outdoor activities.

We will be running the program:

Drop off (at the hall) from: 8:30 AM - 9:00 AM

Pick up (at the hall) from: 5:00 PM - 5:30 PM

A bagged lunch is required.

If enough interest

We would like to run two different age groups

Ages 5 and up

Cost \$20 per day or \$55 for the week.

Ages 14 and under

Depending on the activity on cost per day.

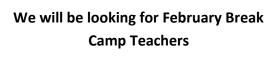
With both groups having specific activities for that age group.

Cheques can be made payable to the Town of Rocanville.

Spaces are limited so please pre-register your child by February 7th by emailing

rocanville@sasktel.net

If you have any questions or concerns please do not hesitate to email us!



Must be 16 or older

Energetic and creative

Experience working with kids is an asset

Please send resume to

Rec Office

Box 576 Rocanville, Sask SOA 3LO

Or email us

rocanville@sasktel.net





January 6th @ 12:00 Anderson, Wray/Pride, Sawley (Atoms vs Yorkton)

January 8th @ 5:00 Steven & Lynette Bock (Canskate/Cold Kitchen)

January 12th @ 12:00 Shipp, Cuthill, Calloway (Novice vs Moosomin Red)

January 12th @ 2:15 Fafard, Yaroszko, Palmer (Atoms vs Kahk)

January 12th @ 4:30 Osicki, Maki, Raiwet (Peewee vs Grenfell)

January 13th @ 12:00 Chevier, Fafard, Gervin (Peewee vs Yorkton Days Inn)

January 15th @ 5:00 Matt & Kim Wahoski (Canskate/Cold Kitchen)

January 19 & 20th NOVICE HOME TOURNAMENT

January 21st @ 6:15 Gerspacher, Hayden/Bachman, Lowe (Peewee vs Yorkton Marks)

January 22nd @ 5:00 Tiyanna Rushton & James Baird (Canskate/Cold Kitchen)

January 26th @ 10:30 Odonnell, Raiwet, Gawryluk (Pre-novice vs St.Lazare / Esterhazy)

January 27th @ 12:00 Bock, Budd, Redman (Atoms vs Yorkton)

January 29th @ 5:00 Alberta Hayden & Colby Bachman (Canskate/Cold Kitchen)

Kitchen Workers available for hire

Della Park 306-991-0015 home - 645-4262 Bailey Logan – 434-9401 (Food and Safety)

Janice Pritchard 435-7738 (Food and Safety) Janelle Kurbis – 434-9384

Jakara Reavie – 434-6711 (Food and Safety) Faith Norton - 435-6586

Chyvonne Kurbis – 434-8084 (Food and Safety) Kendra Wells- 306-737-8117

Kayla Stanhope – 434-8765 (Food and Safety) Kristin Walchuck -435-7726

Kari Lessmeister – 306-640-8103 (Food and Safety) Maria Green 306-434-8691 (Food and Safety)

Darlene Charles – 434-7101 (Food and Safety) Celena Bunz – 434-5091 (Food and Safety)

If you are interested in having your name added to the list please contact the

Rec Office (645-2164 or rocanville@sasktel.net)

ALL ICE RENTAL BOOKINGS ARE TO BE MADE THROUGH THE

REC OFFICE

MONDAY—FRIDAY 9AM-3AM

306-645-2164 OR rocanville@sasktel.net







JANUARY MINOR HOCKEY HOME GAMES

Pre Novice White

Jan. 26 @ 10:30am

| VS St.Lazare/Esterhazy | | Vs Moosomin Red

Pre Novice Black

Jan. 26 @ 10:30am

VS St.Lazare/Esterhazy

Novice

Jan. 12 @ 12pm

Jan. 19 & 20

HOME TOURNAMENT

Atom

Jan. 6 @ 12pm

Vs **Yorkton**

Jan. 12 @ 2:15pm

Vs **Kahk**

Jan. 27 @ 12pm

Vs **Yorkton**

Pee Wee

Jan. 12 @ 4:30pm

Vs **Grenfell**

Jan. 13 @ 12pm

Vs Yorkton Days Inn

Jan. 21 @ 6:15pm

Vs **Yorkton Marks**

Sr. Tigers December Home Games

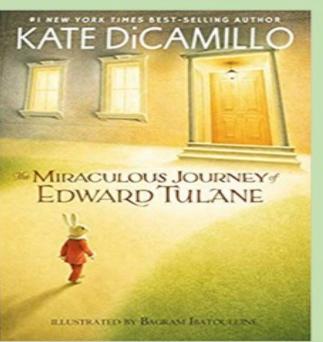


Friday, January 11th vs Esterhazy Friday, January 18th vs Theodore Saturday, January 19th vs Langenburg Thursday, January 31 vs Esterhazy

Puck drops at 8pm



One Book, One School, One Community



Our entire school is going to be reading the book "The Miraculous Journey of Edward Tulane" in February. Everyday reading pages will be assigned and they will be followed up with a trivia question the next morning. Community members are encouraged to read along and follow the daily trivia which will be posted on the Rocanville Recreation Page. More details and books will be shared around the community in January.

Let's get our whole community talking about the same book and engaged in literacy for enjoyment because nothing beats a cold winter evening than a good book!



would like to Thank the Rocanville Thrift Store for their generous donation. We sincerely appreciate it! Happy New Year to ALL!!!



Rocanville TOPS SK3590

Would like to thank

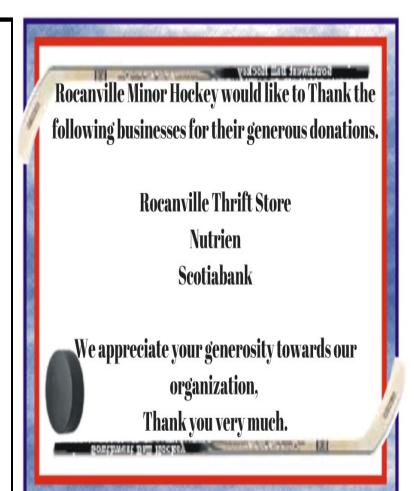
everyone who bought

tickets on our

Christmas hamper.

Winner was

Joan Stanhope



802 Pipestone Air Cadets
would like to Thank
the Rocanville Thrift Store for lending
glassware for their formal Mess dinner.

THANK

You



ALL Generations! ALL Denominations!

ALL TOGETHER Celebrating UNITY!

Sunday, January 20 at 2:30p.m. @ Rocanville Pentecostal Church

A UNIFIED time

of Worship and Praise

Featuring local performers

All proceeds to "Dream Big Daycare" Refreshments to follow, provided by Hope Congregational Church January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2lce for rent 12:00-1:30	3 lce for rent 12:00-3:30	4lce for rent 12:00-1:30	Ω
(G G)		Ice for Rent 12:00—7:00	Preschool/adult skate 1:30-3:30	Shinny 3:30-5:30	Preschool/Adult Skate	Pre Novice 10:30 -12:00
		Private Rental 7:30—9:30	Shinny 3:30-4:30	Atoms 5:45-6:45	1:30-3:30	Novice 12:00-2:00
			Public Skate 4:30-5:15	Chase the Ace 5:30-7:30	Public Skate 3:30-4:30	Atoms 2:15-4:15
			Pre-novice 5:30-6:30	PeeWee 7:00-8:00	Shinny 4:30-5:30	Peewee 4:30–6:30
			Novice 6:45-7:45 Sr.Tigers 8:00-10:00	Old timers 8:15	lce for Rent 5:45—10:00	Sr. Tigers VS Ochap 8:00
6Atoms VS Yorkton 12:00	7 Ice for rent–12:00-3:30	8	9 Ice for rent 12:00-1:30	10 Ice for rent 12:00-3:30	11 lce for rent 12:00-1:30	12
Public Skate 2:15–3:30	Public Skate - 3:30–4:45 pm	Ice for rent 12:00-3:45	Preschool/adult skate 1:30-3:30	Shinny 3:30-5:30	Preschool/Adult Skate	Pre-novice 10:30-12
Shinny (Helmets) 3:30–4:30	CanPower Skate 5:00-6:00 pm	Youth Hockey 4:00-5:45	Shinny 3:30-4:30	Atoms 5:45-6:45	1:30-3:30	Novice VS Moosomin Red 12:00
Ice available for rent	Atoms 6:15 - 7:45 pm	CanSkate/Star 6:00-7:15	Public Skate 4:30-5:15	Chase the Ace 5:30-7:30	Public Skate 3:30-4:30	Atoms VS Kahk 2:15
4:45-10:00	Peewee 7:45 - 9:00 pm	Private rental 7:30-9:30	Pre-novice 5:30-6:30	PeeWee 7:00-8:00	Shinny 4:30-5:30	Peewee VS Grenfell 4:30
Women's Hockey 6:00-7:00			Novice 6:45-7:45 Sr.Tigers 8:00-10:00	Old timers vs St. Lazare 8:15	lce for Rent 5:45—6:45	Ice Available for rent 7:00- 10:00
13	14 Ice for rent 12:00-3:30	15	16 Ice for rent 12:00-1:30	17	18 Ice for rent 12:00-1:30	19
Peewee VS Yorkton Days Inn	Public Skate - 3:30-4:45 pm	Ice for rent 12:00-3:45	Preschool/adult skate 1:30-3:30	Ice for rent 12:00-3:30	Preschool/Adult Skate	Novice Home Tournament
12:00	CanPower Skate 5:00-6:00 pm	Youth Hockey 4:00-5:45	Shinny 3:30-4:30	Shinny 3:30-5:30	1:30-3:30	
Public Skate 2:15-3:30	Atoms 6:15 - 7:45	CanSkate/Star 6:00-7:15	Public Skate 4:30-5:15	Atoms 5:45-6:45	Public Skate 3:30-4:30	Sr. Tigers VS Langenburg 8:00
Shinny 3:30-4:30	Peewee 7:45-9:00	Private rental 7:30-9:30	Pre-novice 5:30-6:30	Chase the Ace 5:30-7:30	Shinny 4:30-5:30	
Ice for rent 4:45-10:00	Ice Available for rent 9:00-10:30		Novice 6:45-7:45	PeeWee 7:00-8:00	Ice for rent 5:45-6:45	
			Sr.Tigers 8:00-10:00	Old timers vs Whitewood 8:15	Sr. Tigers VS Theodore 8:00	
20	21	22	23 Ice for rent 12:00-1:30	24 Ice for rent 12:00-3:30	25	26
Novice Home Tournament	Open ice 12: - 3:30 pm	lce for rent 12:00-3:45	Preschool/adult skate 1:30-3:30	Shinny 3:30-5:30	Ice for rent 12:00-1:30	Pre-novice VS St. Lazare/
	Public Skate - 3:30–4:45 pm	Youth Hockey 4:00-5:45	Shinny 3:30-4:30	Atoms 5:45-6:45	Preschool/Adult Skate	Esternazy IU:30
	CanPower Skate 5:00-6:00 pm	CanSkate/Star 6:00-7:15	Public Skate 4:30-5:15	Chase the Ace 5:30-7:30	1:30-3:30	Novice 12:00-2:00
	Peewee vs Yorkton Marks 6:15—	Private rental 7:30-9:30	Pre-novice 5:30-6:30	PeeWee 7:00-8:00	Public Skate 3:30-4:30	Atomis 2.15-4.15
	8:45 pm		Novice 6:45-7:45	Old timers VS Langenburg 8:15	Shinny 4:30-5:30	reewee 4:30-8:30
	Ice for rent 9:30-10:30		Sr. Tigers 8:00-10:00		lce for rent 5:45-10:00	
27	28 Ice for rent 12:00-3:30	29	30 lce for rent 12:00-1:30	31	avs I	
Atoms VS Yorkton 12-2:00	Public Skate - 3:30—4:45 pm	Ice for rent 12:00-3:45	Preschool/adult skate 1:30-3:30	lce for rent 12:00-3:30		
Public skate 2:15-3:30pm	CanPower Skate 5:00-6:00 pm	Youth Hockey Game 3:00-5:45	Shinny 3:30-4:30	Shinny 3:30-5:30		
Shinny 3:30-4:30pm	Atoms 6:15 - 7:45	CanSkate/Star 6:00-7:15	Public Skate 4:30-5:15	Chase the Ace 5:30-7:30		Co.
Ice for rent 7:00-10:00	Peewee 7:45-9:00	Private rental 7:30-9:30	Pre-novice 5:30-6:30	Atoms 5:45-6:45		
	Ice for rent 9:00- 10:00		Novice 6:45-7:45	Sr. Tigers VS Esterhazy 8:00		
			Sr. Tigers 8:00-10:00			