

GET OUR COMMUNITY MOVING CHALLENGE!

POWERED BY



Dear Rocanville & Everyone who wants to support us in this challenge,

Saskatchewan Blue Cross and Saskatchewan *in motion* have challenged communities across the province to get active for a chance to win \$10,000 and ROCANVILLE is in the running!

The \$10,000 grand prize will go a long way to get more kids, more active, more often in our community by starting a Junior Lifeguard program, adding Youth Aquafitness classes and supporting **Core & Strength Fitness Training - Monique Campbell Youth Fitness classes!**

Rocanville Aquatic Centre needs your help to win. The community with the most minutes of physical activity registered online during **March 2 – 16, 2015** will win the \$10,000 prize and we want it to be us!

Your organization can help by getting everyone moving! Here's how:

1. Spread the word! Tell your organization members, stakeholders, participants, and their families about the 2015 Get Our Community Moving Challenge and ask them to participate.
2. Remind your members, players, and their families to track and log their physical activity minutes every day on the challenge website (challenge.saskatchewaninmotion.ca). Kids need to sign up with their parents and log their minutes each day at home.
3. Take photos, encourage participation, and promote any initiatives the members of your organization undertake during the Challenge.
4. Visit saskatchewaninmotion.ca and Push2Play.ca by Saskatchewan Blue Cross for lots of great active ideas.
5. Have fun!

Let's get moving and make ROCANVILLE the most active community in Saskatchewan. Our kids are counting on us.

Sincerely,

Jamie MacLeod

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