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The high cost of high performing kids

How to manage expenses while keeping your child in the game.

Extracurricular activities for kids are more popular than ever, whether individual and team sports or music and language lessons. An Ipsos poll revealed that Canadian parents spent about \$1,160 on extracurricular activities during the 2017-18 school year, up 3.5 per cent from the previous year.^[1] And according to another study, parents in Canada spend more per child on youth sports than anywhere else in the world.^[2]

When children are small, parents often encourage a variety of activities, from swimming lessons to soccer, from dramatic arts to piano lessons. Depending where you live, these activities may be available through municipal programs, community centres, after-school programs or private instructors. No matter the activity, it's a great way to keep the kids busy, give them a break from electronic devices and, in some cases, provide a much-needed opportunity for physical exercise.

Inflating expenses

Extracurricular activities come at a financial cost, particularly if you have more than one child enrolled (not to mention the logistical feat of trying to get two or more kids to different places at the same time). As kids get older, especially if they show some promise, they may become more committed to their favourite activity. Expenses that were manageable at the recreational level suddenly balloon, potentially adding up to thousands in fees, equipment, uniforms and travel. It should be no surprise that youth sport in Canada is a whopping \$8.7 billion industry.^[3]

Some Canadian parents are going into debt to make these diverse experiences available to their children. Although more than 55 per cent of Canadian families with children enrolled in extracurricular activities are feeling the financial strain of covering those costs, 91 per cent say the experience for their kids is worth the expense.^[4]

Strategies to help lower your costs

If your child is passionate about a sport or art and has moved up to the next level, you will pay more to keep them involved. The higher

they go, the more it will cost. So how can you keep your kids in the game without going into debt and compromising your own savings?

Do your research

Even if your child is just starting out, ask about costs at the higher levels. Coaches and parents of kids who are further along are a gold mine of information. They can tell you the financial and time commitments required and may have tips that could save you money.

Plan ahead

Research the season's competition or performance schedule so you can figure out what costs to expect (travel plans, costume expenses, etc.) – and make them part of your household budget. It's a good idea to maintain an extra fund for unexpected costs, particularly if your child is a high performer, which could translate into additional tournaments or recitals that aren't part of the regular season. Consider opening a savings account dedicated to your children's activities and set aside a small amount each payday with an automatic transfer.

Small savings add up

You can't do much to lower training costs, but you can make a dent in other expenses. Look for second-hand equipment and talk to people in the same sport who may be willing to pass on equipment their kids have outgrown. Suggest that family members buy gear for holiday and birthday presents. Check out any incentives your club may offer for volunteering, or possible fundraising activities that can help defray costs. When travelling for competitions, consider carpooling or doubling up with other families to keep hotel and transport costs down.

Don't bank on a scholarship

Despite all your child's work and talent, they may not be among the lucky few who earn a scholarship towards their post-secondary education. Make sure you save for it with a Registered Education Savings Plan (RESP). After all, you want to ensure your child has a "Plan B" if their dreams of making it to the Olympics or Broadway don't go as expected.

If you have to borrow, do it wisely

If you do need to borrow funds during peak periods of your child's activity, consider a secured line of credit. It's the lowest-cost borrowing option with the most flexibility. Your advisor can help find the best option for you. No matter what dream your child is

working towards, there are ways to help finance it.

We can help you create a plan and a budget that ensure you don't sacrifice your retirement or your child's post-secondary education. Speak to us today.

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^[1] www.ipsos.com/en-ca/news-polls/back-to-school-2018







^[2] <https://www.ctvnews.ca/w5/canadian-youth-sports-industry-worth-8-7-billion-company-says-1.4316678>

^[3] Ibid.

^[4] www.ipsos.com/en-ca/news-polls/back-to-school-2018

April 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8  AGM—7:00PM @ Skating Rink	9	10  GOOD FRIDAY	11
12 	13	14	15	16	17	18
		Recycling				
19	20	21	22	23	24 Community Calendar Deadline 12:00pm 	25
		Garbage				
26	27 Senior Center  Potluck	28	29	30	Community Calendar 	
		Recycling				

TOWN OF ROCANVILLE

APRIL, 2020 HAPPY EASTER



Transfer Station Open:

Monday 11:00 - 5:00
Fridays 1:00 - 5:00
Saturdays 11:00 - 3:00

Town Office Telephone:
306-645-2022

Fax: 306-645-4492

Email: rocanville.
town@sasktel.net

Town Council

Mayor
Daryl Fingas
Councillors
Stan Langley
Irene McLean
Ed English
Ron Reed
Marcel Gagnon

You are receiving this 2020 Assessment Notice for one of the following reasons:

- You have added a foundation
- Your house is now finished
- You added/modified/removed a deck, detached garage, house
- You finished your basement
- You amalgamated properties
- You purchased or sold property
- The condition rating of your home changed
- Your construction project has advanced closer to completion.

Please FOLLOW THE INSTRUCTIONS on the Assessment Notice and contact the Town Office if you have any questions.

This is NOT a PROPERTY TAX NOTICE;
We can provide you with more detailed information than the Assessment Notice contains. Please feel welcome to contact this office for a free copy of your "Field Sheet".
You may also find SamaView helpful if you are curious about other property values. Please visit:
www.sama.sk.ca and click on the SamaView link.

RECYCLE BINS

USED DIAPERS (baby or adult) are **NOT** acceptable in the recycle bins, please place them in the garbage. Please only put in contents that are listed on Page 3.

BARKING DOGS

A barking dog can be very annoying to your neighbour and is considered a nuisance under the bylaw. Please restrain dogs from barking constantly.

COUNCIL MEETINGS

ONLY
1 COUNCIL MEETING
ON THE 15TH APRIL.

Easter Word Search

F	L	O	W	E	R	S	G	N	I	R	P	S	Z	O
S	K	C	I	H	C	T	E	B	P	A	R	A	D	E
Y	T	P	B	Z	E	T	M	P	M	G	E	H	Y	S
D	G	X	P	N	A	R	J	B	S	P	A	A	E	S
N	E	Z	N	R	U	A	S	U	B	T	S	P	D	A
A	K	O	O	A	E	D	N	N	T	D	T	P	I	R
C	B	C	E	B	T	I	A	N	E	A	E	Y	Y	G
X	E	G	T	B	A	T	E	Y	K	F	R	G	L	P
D	G	E	N	I	L	I	B	U	S	F	T	G	I	S
S	C	I	E	T	O	O	Y	V	A	O	W	E	L	U
S	K	C	U	D	C	N	L	I	B	D	O	M	V	N
U	I	Y	K	R	O	F	L	S	P	I	L	U	T	D
O	H	Y	G	V	H	T	E	V	A	L	X	J	F	A
K	X	R	A	W	C	F	J	A	H	U	N	T	J	Y
Y	L	I	M	A	F	A	S	P	E	E	P	S	E	M

Basket
Bonnet
Bunny
Candy
Chicks
Chocolate
Daffodil
Decorate
Ducks



Dye
Easter
Egg Hunt
Eggs
Family
Flowers
Grass
Happy
Jellybeans

Lily
Parade
Peeps
Rabbit
Spring
Sunday
Tradition
Tulips





Call 306.745.4844 | We are available 24/7
Commercial & Residential Services



Septic Services Water & Vac Trucks Hydrovac Earthworks Site Services
Hotshot Services Site Mechanical Steamer & Pressure Washing
Primus Line Installs

www.coreindustrial.ca email: sales@coreindustrial.ca

New shop now located at Rocanville, SK

Head Office: 609 Main ST, Esterhazy, SK S0A 0X0

PINKS LAWN CARE SERVICE

2020

LAWN CUTTING

EAVES TROUGH CLEANING

GENERAL YARD WORK



CALL FLOYD FERGUSON

306-645-2617

PLEASE LEAVE A MESSAGE



SINGLE STREAM RECYCLING



Cardboard, Boxboard, Office Paper, Newsprint, Junk Mail, Magazines and Catalogues



Shredded Paper
in clear bags



Plastic Containers, Plastic Milk Jugs, Milk and Juice Cartons

(No "Clam Shell" Type Food Containers labelled #1) (No oil containers or chemical jugs)



Remove all lids and caps



Tin, Aluminum and Glass Rinse all items – labels can remain on



ITEMS NOT ACCEPTED



www.loraasdisposal.com

ROCANVILLE FOOD SHARE

If you know of anyone in the
area in need of food
please contact

Darlene Williams 645-2921
Rev. Paul Bunz 434-5375
Roseanne Kelly 645-4561
Betty Mills 645-2102



FOOD OR CASH DONATIONS
APPRECIATED
CHEQUES MADE PAYABLE TO THE TOWN
OF ROCANVILLE
RECEIPTS FOR INCOME TAX AVAILABLE
UPON REQUEST



LOT FOR SALE

REDUCED IN PRICE

316 Ellice Street
75' frontage X 120'
deep.

Large, flat, serviced lot
& centrally
located in Rocanville.

\$23000 OBO

Call 306-533-7051,
403-620-8268,
or 306-577-9510



**FUEL
UP TO
WIN**

CO-OP

IS BACK

#FuelUptoWin is back starting March 5th!

With \$8.5 million in prizes up for grabs, you won't want to miss out!

Pick-up a collector card today at any Borderland Co-op location and start playing!

Find out more at fueluptowin.ca!

ROCANVILLE DIAL-A-VAN SCHEDULE

**THE DIAL-A-VAN
WILL RUN EVERY
MONDAY,
WEDNESDAY &
FRIDAY**

**PLEASE CALL
306-434-6644**

TO BOOK YOUR RIDE.

If there is more than 1 person
that reside in the same
residence, they may
ride for the price of 1



ROCANVILLE COMMUNITY CENTER

THE CENTER WILL BE HOSTING CARDS
GAMES, CRAFTS AND COFFEE EVERY
THURSDAY AFTERNOON STARTING AT
1PM.

WE ARE WHEELCHAIR ACCESSIBLE,
WITH TABLES AND CHAIRS. WE HAVE 2
SHUFFLEBOARDS AND A REGULATION
SIZE POOL TABLE.

WE OFFER RENTALS WITH A FULL
KITCHEN AS WELL

COME & JOIN US FOR FUN & FELLOWSHIP

For more information on membership please contact Mel Strong
or Linda Bock or Irene Norton.

Membership \$20.00

Anyone of any age is welcome to purchase a membership.



FOR ALL YOUR HOME REPAIR AND RENOVATION NEEDS:

Gypoc – Insulation – Flooring – Paint and Stain – Windows – Doors

Kitchens – Bathrooms

Interior – Exterior

ALSO AVAILABLE:

House, Garage, Shop and Shed Packages



We're more than just metal

Stop in and check out our show room, ask for your free
estimate for your project; we are here to help!

FIND US NORTH OF THE GOLF COURSE
HWY #8, ROCANVILLE
306-645-2050

CONCRETE RESTORATION CANADA

- Preventive Maintenance
- Repairs & Restoration
- Industrial & Decorative Coatings
- Dust Proofing & Sealing
- Paint, Glue Removal & Floor Prep
- Exterior Rubber Surfaces

Marty DeCorby
Box 731 Rocanville, SK S0A 3L0
306-645-2777 (office) 306-435-0900 (cell)
Email: marty@concreterestore.ca
Web: www.concreterestore.ca





Hunter Education and Firearms Safety

Hunter Education and Firearms Safety
May 2 & 3

Possession & Acquisition License (PAL)
May 9 & 10

Cost:
\$200 for the full course
\$150 for the PAL course.

Please register by April 29th.
(Only 12 spots available)

Contact Les Howie @ 306-643-2101
Cell# 306-740-7887



We specialize in all aspects of the residential, commercial and agricultural concrete industry.

Serving Rocanville and surrounding areas.

This includes; slabs, floors, sidewalks, drive ways, grade beams, bin pads, ICF, etc.

Phone:

306-435-0125


306-434-9601

Email:

parkconcrete@gmail.com

Website:

www.parkconcrete.ca

Find us on 



JOB OPPORTUNITY

ROCANVILLE MUSEUM IS NOW ACCEPTING APPLICATIONS FOR THE SUMMER JOB POSITION. THE JOB IS FULL TIME FOR JULY AND AUGUST.

JOB DESCRIPTION: YARD MAINTENANCE, PAINTING, CATALOGUING ARTIFACTS, TOURING VISITORS, MOSTLY OUTDOOR JOBS.

SEND APPLICATION AND RESUME BY MAY 15, 2020 TO;
ROCANVILLE AND DISTRICT MUSEUM

"APPLICATION"

BOX 490
ROCANVILLE, SASK
S0A 3L0





Let's get together for a MESSAGE and a MEAL!

20 Golden Minutes

Followed by Soup & Sandwich Lunch


**Wednesdays at 12:10
at Hope Congregational Church**

Date	Worship Leader
March 4	Rocanville Pentecostal Church
March 11	St. Thomas' Anglican Church
March 18	St. Alphonsus' Roman Catholic Church
March 25	Hope Congregational Church
April 1	St. Paul's United Church
April 8	Youth / Trinity United Church

Free-Will Offering

Proceeds will be equally divided between:
Rocanville Dial-A-Van and
Rocanville Seniors' Community Centre



 **APRIL 2020**
ST. PAUL'S UNITED CHURCH
Rocanville, Sask.

Rev. Barbara Wilkins
Office hrs. 9-12 Mon. & Wed.
Church Office 645-2942

There will not be Worship Services until further notice.

Bible studies cancelled until further notice.

20 Golden Minutes cancelled.

Romans 6:4- We were buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

Rocanville Pentecostal Church

Knowing Jesus & Making Him Known
Growth | Servanthood | Mission | Action

1002 RAILWAY AVE
PASTOR NICHOLAS ALMEIDA: 306-434-9536
NICHOLAS.ALMEIDA@V-MAIL.CA
PASTOR BETHANY ALMEIDA: 306-434-5104
BETHANYDJALMEIDA@GMAIL.COM

SERVICE ON HOLD

YOUNG MENS BIBLE STUDY ON HOLD

YOUNG WOMEN BIBLE STUDY ON HOLD

MIDWEEK BIBLE STUDY ON HOLD

PRAYER ON HOLD

COFFEE AND PLAY ON HOLD

YOUTH NIGHTS ON HOLD

LIVE STREAMED SERVICE AVAILABLE EVERY SUNDAY 11AM ON FACEBOOK.COM/ROCANVILLEPAOC!

CHECK OUT OUR NEW WEBSITE! ROCANVILLECHURCH.COM

St. Thomas Anglican Church

"Anglicans Serving the Community Since 1883"
201 Carlton Street
'A Jesus-centered community for believers and doubters and everyone in between.'

Until further notice and direction from our Bishop, all services and functions are cancelled. If prayers or other pastoral activities are needed, please call 306-645-4285 or 306-645-0203.
"All people will see God's salvation."~Luke 3:6

April Services

Apr 1~20 Golden Minutes Service & Lunch at Noon in Hope Church.
Apr 5~PALM SUNDAY! Joint Service & Sunday School in St.Paul's at 11:30 am.Potluck Lunch to follow.
Apr 8~20 Golden Minutes Service & Lunch at Noon in Hope Church.
Apr 9~MAUNDY THURSDAY. Seder Supper at 6 pm in the Parish Hall. We will walk through the Jewish Passover Meal and its meaning and symbols. Potluck Supper to follow. All are welcome.
Apr 10~GOOD FRIDAY Walk For Jesus begins at St. Alphonsus Catholic Church at 9 am and ends with a Service at 9:45 am in St. Thomas. All are welcome.
Apr 12~EASTER SUNDAY! He Is Risen! Holy Communion Service with Rev. Delta Kelly & Sunday School at 11 am.
Apr 19~Morning Prayer Service & Sunday School at 11 am. Potluck Lunch to follow.
Apr 26~Morning Prayer Service & Sunday School at 11 am. SUNDAY SCHOOL is for all children! For further information call 306-435-6156.
Wheelchair accessible Hall & Church rentals, call 306-645-0203
Bible Study most Wednesdays, contact Rev.Delta at 306-645-4582.

LOCAL COMMUNITY GROUP FUNDING REQUEST FOR SASKATCHEWAN LOTTERIES COMMUNITY GRANT FUNDS

Name of Community Group: _____

Contact Name: _____ Phone: _____

Project Description: _____

Project Start Date: _____

Proposed Revenues:	Dollar Amount:
_____	\$ _____
_____	\$ _____
Proposed Expenditures:	Dollar Amount:
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
TOTAL PROJECT ESTIMATED COSTS:	\$ _____
GRANT AMOUNT REQUESTED:	\$ _____
Signature of Contact Person	_____

Please return the completed form to the community contact person of the Town, Village, R.M. or Band Office you are applying through (do not return to the Community Grant Office):

Please remember to publicly acknowledge Saskatchewan Lotteries as a source of funds for your project.

Cgpp/CommunityGroupAppForm.doc



Application Deadline
Wednesday, April 22, 2020
Please send to Rocanville Rec Office

211 Saskatchewan is a **FREE**, confidential, 24/7 service that can connect newcomers to resources and services in the province by [telephone](#), [text](#), or [web chat](#), plus a searchable [website](#).

- All Saskatchewan residents now have the ability to search independently on the website, or they can receive assistance with their service search from an Information and Referral Specialist (aka community navigator). Services information include: mental health, senior services, basic needs, healthcare, and much more!
- Services over the phone are available in over 175 languages, including 17 Indigenous languages.
- When accessing the phone, text, e-mail or web chat options, the community navigator helps people get to the root of their issues, search the database for the best service for them, and make the connection.

United Way Regina and United Way Saskatoon & Area have made investing in 211 Saskatchewan a top priority under the focus of building strong communities and connecting people to supports.

I'm seeking connect with Town of Rocanville to help residents learn about the 211 SK service. We would be happy to provide free [211 SK pamphlets](#), posters, and business cards to distribute to people and can provide custom presentations to your staff and residents upon request. If there is a chance, we would appreciate if 211 SK information could be added to your town's website, newsletter or other publications.

Thanks in advance,

Echo Liu
Resources Specialist
306-751-4750 Ext 776
1440 Scarth Street
Regina, SK. S4R 2E9



Rocanville Town & Country Golf Course AGM

Wednesday, April 8th, 2020

7:00pm

@ the Rocanville Skating Rink



Large Double Lot for Sale.

**Serviced corner lot on
Alexander Street, close to
school and uptown!**

306-645-4410

306-434-7104

Rocanville Recreation Office Present:

**Let's create a community wide Easter egg hunt
(while practicing social distancing).**

**Get out your craft supplies and create an Easter egg. When you have finished your egg, hang it up somewhere that it will be visible from the street
(your front door, window, on your fence...).**

The idea is to go for a walk or drive and count how many Easter eggs you can find.

Please share how many you found with us.

Happy Hunting.



**MARBLED PAPER
EASTER
EGGS**



*Tissue Paper
Easter Egg*



Rocanville Community Thrift Store Schedule—April 2020

Monday, Wednesday, Friday 1:00-4:00 pm Thursday 6-8pm

Wed. Apr. 1 – Willa Clarke, Eileen Etherington, Suzanne Wushke, Phyllis Harper

Thurs. Apr. 2 – Pam Botterill, Marjorie Thompson, Deb Selby

Fri. Apr. 3 – Irene Norton, Marie Nixon, Terry Fletcher, Joyce Surridge

Mon. Apr. 6 – Penny Yung, Eva Swanson, Sylvia Magnusson, Christina Kim

Wed. Apr. 8 – Denise Callin, Marilyn Hickie, Irene Ruhland, Therese Fafard

Thurs. Apr. 9 – Linda Bock, Gloria Tebb, Glenda Brown

Fri. Apr. 10 – CLOSED – GOOD FRIDAY

Mon. Apr. 13 – Willa Clarke, Pam Botterill, Terry Fletcher, Marjorie Thompson

Wed. Apr. 15 – Irene Norton, Linda Bock, Suzanne Wushke, Eileen Etherington

Thurs. Apr. 16 – Penny Yung, Marie Nixon, Sandra Maki, Bev Casemore

Fri. Apr. 17 – Denise Callin, Joyce Surridge, Eva Swanson, Irene Ruhland

Mon. Apr. 20 – Willa Clarke, Christina Kim, Sylvia Magnusson, Gloria Tebb

Wed. Apr. 22 – Pam Botterill, Linda Bock, Terry Fletcher, Phyllis Harper

Thurs. Apr. 23 – Irene Norton, Marilyn Hickie, Tracey Moore

Fri. Apr. 24 – Denise Callin, Eileen Etherington, Eva Swanson, Suzanne Wushke,

Mon. Apr. 27 – Penny Yung, Marjorie Thompson, Gloria Tebb, Marie Nixon

Wed. Apr. 29 – Willa Clarke, Irene Ruhland, Therese Fafard, Phyllis Harper

Thurs. Apr. 30 – Linda Bock, Terry Fletcher, Ruth Desjarlais

Fri. May 1 – Pam Botterill, Joyce Surridge, Christina Kim, Marilyn Hickie

Mon. May 4 – Irene Norton, Denise Callin, Eva Swanson, Sylvia Magnusson

Please note at the time of printing ,the Thrift Store is CLOSED do to the Coronavirus

but schedule will continue on date that it is able to re-open

Rocanville Senior Center
is having a
MEAT DRAW
\$300 Certifacite
from Horizon Meats of Maryfield

Tickets are \$2.00 or 3 tickets for \$5.00

All proceeds go to The Rocanville Senior Center

Draw will be made **April 27, 2020** at the Seniors Supper

How Much Chemical Did You Feed? Weigh it & Know it! [CLICK HERE](#)

Canadian municipalities urge their residents to think about what they flush

Mar 23, 2020



Photo of clogged wastewater equipment taken on March 17, 2020 from a sewage pumping station in London, Ontario. Photo credit Barry Orr and CWWA.

To prevent sewage backups, municipalities and water organizations are telling customers to avoid treating their toilets like trashcans, especially during the COVID-19 situation.

"At a time when we are being quarantined or self-isolated at home due to COVID-19, nobody wants a situation that would force you out of your home where you are safest", observed Robert Haller, Executive Director of the [Canadian Water and Wastewater Association \(CWWA\)](#).

The message being shared by Canadian municipal leaders and wastewater professionals is to *not* flush anything but the 3Ps – pee, poop and paper (toilet paper).

In response to the rush on toilet paper, the CWWA said people may consider alternative sanitary products. However, the association said these alternatives

cannot be flushed.

According to the CWWA, municipal sewer systems are built to handle human waste and toilet paper that is specifically designed to deteriorate quickly. Anything else put down toilets or sinks causes problems that lead to clogs, blockages and wastewater equipment damage. Any of these situations can shut down sewer systems.

Fats, oils and grease (FOG) poured down the sink, congeal and line the sewer walls, then so-called "flushable" wipes, paper towels and hygiene products collect together with the grease to form clogs. This can block toilets, home sewer lines, or form "fatbergs", constricting the sewers of entire neighbourhoods. These clogs can also result in overflows of raw sewage into local rivers and lakes, according to the CWWA.

Raw sewage can backup into homes, likely requiring residents to evacuate their house for professional cleaning. Large blockages often require municipal staff to clear them, at a time when efforts and tax dollars need to be focused on critical services.

The CWWA said it has been sharing the 3Ps message for years, but it has never been more important than now.

Canadian municipalities are seeing a very significant upward spike in the number of clogs attributable to increased use of "alternative" products such as toilet wipes, paper towels and even tissue papers, which do not break down like toilet paper.

The City of Ottawa's Director of Infrastructure Services, Alain Gonthier, said in a tweet on March 21, 2020 that the city's sewage system is seeing an increase in wipes.

"We need people in @ottawacity to spread the word. We are seeing an increase in wipes in the sewer system. These can clog sewers and pumps. Do NOT flush anything that isn't the 3Ps – pee, poo or (toilet) paper. Put wipes in the garbage. Please RT!", said Gonthier on Twitter.

Rocanville Walking Club

30 day Walking Challenge

How many minutes a day can you walk? Can you make it to 1000 minutes of walking in 30 days??

Track your progress below.

10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes	1000 minutes

If you are on quarantine you may have to get creative with your walking, try walking laps around your house or hop on your treadmill if you have one available. For those walking outside, make sure you are practicing safe social distancing.

Ten thousand steps — Takes about 100 minutes of walking time, adds up to approximately 8km.



**A special Thank you to
Ken Miskiman
for all his hard work
We appreciate
everything you have
done and continue to do
everyday**

**We would like to Thank
Sam Turnbull
Kelly Family
Cassandra Fafard
for their donations to the pool**

The Rocanville Aquatic Board

**would like to take a minute and
show our appreciation for all those
that work so hard for our pool.**

**Sue Sadler Andrea Logan
Daryl Fingas
Our Town Employees**



Thank you!

ROCANVILLE COMMUNITY THRIFT STORE				
FINANCIAL STATEMENT				
JANUARY 1ST, 2019 TO DECEMBER 31ST, 2019				
RECEIPTS:				
THRIFT STORE SALES			\$	65,164.05
BANK INTEREST			\$	228.40
BORDERLAND CO-OP EQUITY			\$	25.90
DONATIONS			\$	600.00
OTHER			\$	135.00
TOTAL RECEIPTS:			\$	66,153.35
DISBURSEMENTS:				
ADVERTISING			\$	1,030.00
BANK FEES			\$	351.93
PERSONAL DONATIONS			\$	18,900.00
BUILDING MAINTENANCE			\$	656.09
CLEANING			\$	2,279.38
DONATIONS			\$	37,200.00
GROCERIES			\$	341.59
INSURANCE PREMIUM			\$	676.28
OTHER			\$	4,235.05
SASK ENERGY			\$	1,223.55
SASK POWER			\$	1,224.78
SASK TEL			\$	649.19
SNOW CLEARING			\$	-
STORAGE BIN RENTAL			\$	504.00
STORE SUPPLIES			\$	646.97
TOTAL DISBURSEMENTS:			\$	69,918.81
JANUARY 1ST, 2019 LEDGER BALANCE:			\$	52,809.17
PLUS RECEIPTS			\$	66,153.35
LESS DISBURSEMENTS			\$	69,918.81
DECEMBER 31ST, 2019 LEDGER BALANCE:			\$	49,043.71
CLOSING BANK BALANCE:				
Conexus Credit Union - Chequing		\$21,645.45		
Conexus Credit Union - Savings	0	\$ 0.97		
Conexus Credit Union - Term	0	\$ 16,216.15		
Conexus Credit Union - Equity	\$ -	\$ 9.17		
TD Canada Trust - Medical Fund	\$ -	\$13,724.47		
DECEMBER 31ST, 2019, BANK BALANCE		\$ 51,596.21	\$	51,596.21
LESS OUTSTANDING CHEQUES				
Conexus Credit Union	524	\$ 1,500.00	\$	2,552.50
	604	\$ 52.50		
	611	\$ 500.00		
	612	\$ 500.00		
DECEMBER 31ST, 2019, ADJUSTED BANK BALANCE:			\$	49,043.71
THE DEPOSITS, CHEQUES, RECEIPTS AND PAYABLES OF THE ROCANVILLE THRIFT STORE HAVE BEEN CHECKED TO THE LEDGER AND BANK STATEMENTS FOR THE PERIOD JANUARY 1ST, 2019 TO DECEMBER 31ST, 2019 AND FOUND TO BE CORRECT. AUDIT COMPLETED THIS 3RD DAY OF FEBRUARY 2020.				
<i>Mel Strong</i>				
MEL STRONG				

ROCANVILLE COMMUNITY THRIFT STORE			
DONATIONS MADE			
JANUARY 1ST, 2019 TO DECEMBER 31ST, 2019:			
Personal Donations:	\$	18,900.00	
Carmichael Outreach	\$	500.00	
Carnoustie Cemetery	\$	300.00	
Cornucopia Gardens	\$	300.00	
Hospitals of Regina	\$	1,000.00	
Kinsmen Telemiracle	\$	300.00	
Leader Post Christmas Cheer Fund	\$	500.00	
Moosomin 4 - H Multi Club	\$	200.00	
Moosomin Integrated Health Centre Foundation	\$	10,000.00	
Moosomin Integrated Health Centre Palliative Care	\$	100.00	
Prairie View Lodge Tenants Association	\$	300.00	
Regina Cancer Patient Lodge	\$	500.00	
Rocanville Aquatic Centre re Lift	\$	4,000.00	
Rocanville Canadian Legion Branch # 20	\$	200.00	
Rocanville Curling Rink	\$	1,500.00	
Rocanville Dial A Van	\$	1,000.00	
Rocanville Fire Department	\$	2,000.00	
Rocanville Food Share	\$	500.00	
Rocanville Library	\$	300.00	
Rocanville Minor Ball	\$	300.00	
Rocanville Minor Hockey	\$	300.00	
Rocanville Playschool	\$	300.00	
Rocanville Rock Club	\$	300.00	
Rocanville School - Sound Equipment	\$	500.00	
Rocanville School Academic Awards	\$	300.00	
Rocanville School Cross Country Run	\$	500.00	
Rocanville School Senior Basketball	\$	100.00	
Rocanville Schpppl Senior Volleyball	\$	500.00	
Rocanville Seniors Center	\$	500.00	
Rocanville Skating Arena	\$	1,500.00	
Rocanville Soccer Club	\$	300.00	
Rocanville Town & Country Golf Club	\$	2,000.00	
Rocanville -X - Country Ski Club	\$	500.00	
Ronald McDonald House	\$	500.00	
Soul's Harbour Rescue Mission	\$	500.00	
St Marthe Cemetery	\$	300.00	
St Paul's United Church - Memorial	\$	100.00	
STARS	\$	1,300.00	
Teddy Bear's Anonymous	\$	300.00	
Terry Fox Run	\$	200.00	
Town of Rocanville - Bench & Garbage Bin	\$	1,000.00	
Webster's Cemetery	\$	300.00	
Welwyn Cemetery	\$	300.00	
Welwyn Fire Department & First Responders	\$	500.00	
Welwyn Regional Park	\$	300.00	
Welwyn United Church Sunday School	\$	200.00	
TOTAL DONATIONS:	\$	56,100.00	