

**Ken Crosson, CFP, CPCA**  
Certified Financial Planner  
320 Gardiner Park Court Tel: (306) 522-5674  
Regina, SK S4V 1R9 Fax: (306) 781-7791  
[www.discovery-financial.ca](http://www.discovery-financial.ca) [kcrosson@discovery-financial.ca](mailto:kcrosson@discovery-financial.ca)

## Life insurance that can reward healthy living

**You now have the opportunity to save on premiums and earn rewards for your lifestyle choices**

When it comes to the long-term health of Canadians, recent news has been mixed. On a positive note, we're living longer-Canadians now have an average life expectancy of 81.7 years, an increase of 246 years since 1921. The bad news is we're not necessarily living healthier during the years we've gained. According to the Canadian Heart & Stroke Foundation, heart disease, stroke and other chronic conditions will cause the average Canadian to live his or her final decade with sickness or disability.

### Lifestyle can contribute to overall health

While the number of occurrences of infectious disease has decreased dramatically over the years, non-communicable diseases and chronic health conditions are now our biggest killers. In 2014, they accounted for a whopping 88 percent of all deaths in Canada, with cancer, cardiovascular disease, respiratory disease and diabetes being the biggest culprits. But what is perhaps most interesting is that each of these conditions has strong links to preventable risk factors such as inactivity, poor diet, excess alcohol use and smoking. In other words, lifestyle choices.

### Small changes can add up to big results

So why not do something about the lifestyle choices that affect our health? Research from the Canadian Heart & Stroke Foundations shows that by making

just a few small lifestyle changes, we can reduce our risk of chronic diseases and add health to our later years. A provincial study found that Ontarians (age 20 and older) would gain 7.5 years of life expectancy if everyone were in the healthiest category for all five behavioral risks examined, namely smoking, inactivity, poor diet, alcohol use and stress. Even more importantly, improving health behaviors was found to positively impact peoples' quality of life as well.

Unfortunately, changing our health habits is often easier said than done. Reaching for instant gratification may seem more appealing than the challenges required for long-term, gradual gains. In fact, some Canadians still have trouble making good health choices. For evidence of that, we have only to look at the Heart & Stroke Foundations 2013 poll, which showed that less than 30 percent of baby boomers surveyed were willing to take action towards a healthier lifestyle.

**Rewarding positive choices**  
Insurance companies have long been supporting Canadians efforts to make healthy choices, reducing premiums for non-smokers, for example. But what about other lifestyle choices that can make such a big difference to health in later years?

New trends in the insurance industry are trying to address this very issue, to support- and recognize- healthier lifestyle choices. Already introduced to the United Kingdom, the United States and Asia, these new types of

insurance programs provide immediate and long-term rewards and incentives for individual healthy behaviors, such as going for a run, making a healthier food choice or getting annual cancer screening. For each healthy choice and each goal met, program participants can earn rewards or discounts on things such as fitness programs, groceries, travel, shopping and entertainment, and eventually gain the potential to earn reduced premiums over time.


These new insurance programs break down long-term health goals into smaller, achievable steps- and provide immediate reinforcement in the form of rewards. With frequent rewards for small, everyday accomplishments, participants can become more actively engaged in the progress of their overall health and wellness. Online applications and tools (often integrated with the latest wearable fitness technology) allow personalized health goals to be easily logged and monitored. Participants not only get the most out of their life insurance protection but also receive encouragement to make lifestyle choices that could lead to lasting health benefits.

Life insurance is changing to help Canadians stay motivated.

[www.who.int/nmh/countries/can\\_en.pdf?ua=1](http://www.who.int/nmh/countries/can_en.pdf?ua=1)  
[www.publichealthontario.ca/en/erepository/PHO-ICES\\_Sevenmoreyears\\_report\\_web.pdf](http://www.publichealthontario.ca/en/erepository/PHO-ICES_Sevenmoreyears_report_web.pdf)  
[www.heartandstroke.com/atf/cf/%7B99452D88-E7F1-4BD6-A57D-B136CE6C95BF%7D/Report-on-Cnd-health-D17.pdf](http://www.heartandstroke.com/atf/cf/%7B99452D88-E7F1-4BD6-A57D-B136CE6C95BF%7D/Report-on-Cnd-health-D17.pdf)  
[www.heartandstroke.com/atf/cf/%7B99452D88-E7F1-4BD6-A57D-B136CE6C95BF%7D/Report-on-Cnd-Health-D17.pdf](http://www.heartandstroke.com/atf/cf/%7B99452D88-E7F1-4BD6-A57D-B136CE6C95BF%7D/Report-on-Cnd-Health-D17.pdf)

E.O.E. Article from Manulife Financial

# ROCANVILLE & DISTRICT Community CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
<b>**REMINDERS**</b> <ul style="list-style-type: none"> <li>The Rocanville Recreation AGM will be held on April 12th at the Hall at 7:00 pm. Everyone is welcome</li> <li>There will be a cleaning bee at the pool on April 8th at 9:30 am. Please try to attend to help get our pool ready for the season.</li> <li>There will be no Museum meeting in April, the next meeting will be May 9th at 7pm.</li> <li>See inside for hall rental rate details.</li> </ul>						1
2	3	4 Recycling Collection	5 Playschool Open House 10-11 am  Town Council Meeting	6	7	8 Cleaning Bee at the pool @ 9:30am  A night in "Rock"nville with Rory Allen
9	10	11 Garbage Collection	12 Rec Board AGM at the Hall @ 7pm	13	14 Good Friday	15
16 Easter 	17 Easter Monday	18 Recycling Collection	19 <b>Calendar Deadline</b>  Town Council Meeting	20	21 Pathfinders Soup and Sandwich Lunch @ 11:30 am	22 Spring Expo Trade Show 10am - 3pm
23	24 Potluck @ the Senior Centre	25 Garbage Collection	26	27	28	29
30						

# TOWN OF ROCANVILLE

## APRIL, 2017



### Transfer Station Open:

Mondays	11:00-5:00
Wednesdays	3:00-5:00
Fridays	1:00-5:00
Saturdays	11:00-3:00

Town Office Telephone:  
306.645.2022

Rocanville.town@sasktel.net

### Town Council

Mayor  
Daryl Fingas  
Councillors  
Stan Langley  
Ed English  
Ken Nixon  
Irene McLean  
Ron Reed  
Mike Nelson

### Assessment Notices

Assessment notices will be mailed April 10. Notice is hereby given that the assessment roll for the Town of Rocanville for the year 2017 has been prepared and will be open to inspection at the office of the Assessor, from 8 a.m. to Noon and from 1 p.m. to 4 p.m., on the following days: Monday to Friday, April 10 to June 12 2017, excluding statutory holidays. A bylaw pursuant to Section 214 of *The Municipalities Act* has been passed and the assessment notices have been sent as required. Any person who wishes to appeal against his/her assessment is required to file his/her notice of appeal by June 12, 2017 with:

The Assessor, Town of Rocanville  
Box 265 – 103 Ellice Street

### EMPLOYMENT OPPORTUNITY

The Town of Rocanville is seeking a full time employee to work with the public works department from May 1st - August 25th, 2017. The successful applicant will take pride in the community's appearance and most importantly, have initiative. Experiences with light equipment and its maintenance is an asset. For more information or an application form, please contact the Town Office at 306-645-2022. Applications will be accepted until 4:00 p.m. on Wednesday, April 13th, 2017.

- a) Town Office, 103 Ellice Street, Rocanville
- b) Town of Rocanville, Box 265, Rocanville, SK. S0A 3L0
- c) rocanville.town@sasktel.net

Only those selected for an interview will be contacted.

### RECYLCING BINS

Please **DO NOT** put any black plastic bags in your recycling bins, the drivers will not dump your bins if they see them in case of contamination.

### RENO PROJECTS

Loraas Disposal will provide residents with a large bin.

# April

# AT THE LIBRARY

It's story TIME @ your library® -Every Wed. from 10-11 AM

**Book Club:** The Library now has a book club running! If interested in joining, please contact the Library at 306-645-2088. Some of the titles being read are—

RU— by Kim Thuy, Five Quarters of the Orange— by Joanne Harris,

The Hundred Foot Journey— by Richard C. Morais, and

Annie Freeman's Fabulous Travelling Funeral— by Kris Radish

### New Books In:

Broken Glass— V. C. Andrews

Don't Go— Lisa Scottoline

His Amish Teacher— Patricia David

Proof of Lies— Diana Wallace

Someone to Hold— Mary Balogh

Under Her Skin— Adran Anders

This Side of Home— Renee Watson

Avenging Angel— Cynthia Eden

And more.....

### New Video games in!-



X-BOX ONE— DisHonored 2 (Mature 17+)

Wii U- New Super Mario Bros. U

PS4 - BIOSHOCK— The Collection ( Mature 17+)

Wii U— MARIOKART-8

Wishing everyone a Happy Easter!

### Library Hours:

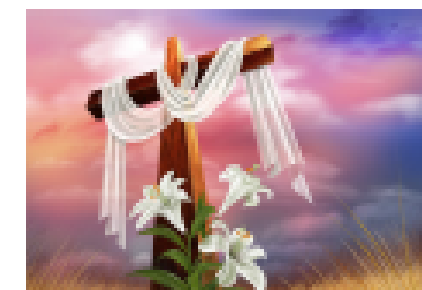
Tues: 1:30-5:00 PM

Wed : 9 AM-12:30 P M

and 2:00-6:30 PM

Thurs: 1:30-5:00 PM

Phone: 645-2088



### Next Board Meeting:

Wed. May 10, 2017

at 6:30 pm

at the Library.





# Concrete Restoration

Sealers moisture/salt control/freeze thaw defense \$0.55-\$0.95 inter/ext. per s/f

Interior & exterior grinding \$1.50-\$4.50 per s/f

Polishing \$3.90-\$5.90 per s/f  
(depending on size, depth, type of removal and final profile)

Control joint/saw cut filling \$3.00-\$5.75 per l/f ext./inter.

Major repairs under over head 9-foot doors \$200-\$500

## Industrial Coating Options

(100% water/solvent impenetrable)

Basic heavy duty \$3.00-\$4.75 s/f

Industrial double \$5.75-\$6.50 s/f (resurfacer)

Industrial triple \$7.50-\$8.50 s/f (HD resurfacer)

Martin DeCorby 306-645-2777 (office) 306-435-0900 (cell)

[www.onedaylayflooring.ca](http://www.onedaylayflooring.ca) email: [martin@onedaylayflooring.ca](mailto:martin@onedaylayflooring.ca)



**Call or Text 306-740-8958 for Service 24/7**

# CORE

## INDUSTRIAL SERVICES L.P.

915 Gonczy Avenue

Esterhazy, SK.

E-mail: [sales@coreindustrial.ca](mailto:sales@coreindustrial.ca)

Find us online at [www.coreindustrial.ca](http://www.coreindustrial.ca)

- Septic Service—Residential & Commercial
- Water & Vac
- Hydrovac
- Earthworks
- Washroom Rentals
- Construction Rentals
- Hotshots

## FOR SALE... NOTICES....LOST....FOUND..... COMING EVENTS

### LOT FOR SALE

316 Ellice Street  
75' frontage X 120' deep.  
Large, flat, serviced lot & centrally located in Rocanville.  
\$32,000.00  
Call 306-949-5454, 403-201-9146 or 306-455-2645.

### LOT FOR SALE

113 Pitt Street 50' x 120'  
Large serviced corner lot with mature trees and grass.  
Located in Rocanville, close to amenities.  
\$25,000.00. Call 306-434-6226.

### Basement Suit for Rent

Located in Rocanville,  
One bedroom, bathroom, kitchenette and living area.  
\$700.00 a month.  
Can rent by the week or by the month.  
Call or text 306-435-7430 for info.

### FOR SALE

Webster Cemetery has for sale a 510 John Deere Riding Lawn Mower. Good working condition. 38 inch cut, zero turn (3 wheels). For more information contact: Chris Watson, 306-645-4540

### Rocanville Playschool

**Come Celebrate our new location with us!**  
April 5th, at 10-11 am the Rocanville Playschool will be open to the community. Playschool kids will be taking a photo with Cooper, with refreshments to follow.

### Dial-A-Van Schedule April:

The Dial-A-Van will run every Monday, Wednesday & Friday  
Please call 306-434-6644 to book your ride.

### Moosomin & District Arts Council

Next Season will be the same low price of \$60.00, but this year you get five shows. Shows include: Jake's Gift (A one man Show) May 9, 2017. Please contact Gwenda Norrie 306 645 2186 for tickets.

### Yoga Classes

Tuesday evenings ending May 2nd . Gentle/moderate Yoga  
Tuesdays 5:45pm-7:00pm  
NOTE: yoga poses can be modified (gentle-advance)  
Cost is \$65 for six week session  
Drop-ins accepted with prior notice  
Text or call Tara to register  
306-434-7551



### Rocanville Community Centre

The Centre will be open every Thursday afternoon at 1:00 PM for cards, board games, pool, shuffleboard and all crafts. **All members and nonmembers of all ages welcome. Come & join us for fun & fellowship.** For more information on membership please contact Mel Strong or Linda Bock or another board member. Thank you! Membership \$10  
**EVERYONE is welcome to become a member.**

**Next April 24, 2017.**

Exercise Drop In At Senior Community Centre  
Monday ,Wednesday and Fridays  
9am-10am \$2.00

### Soup and Sandwich

The Pathfinders Unit of UCW of Rocanville are hosting a Soup and Sandwich Luncheon to be held in the United Church basement.



Friday, April 21, 2017 starting at 11:30 a.m.  
Cost: \$8.00 for Soup, Sandwich and Dessert  
Looking forward to seeing you!



### A night in "Rock"nville with Rory Allen - Elvis Tribute Artist



Saturday, April 8, 2017  
PotashCorp Rocanville Community Hall  
fundraiser featuring Rory Allen!

To book a table of 8 please email [s.fortney@sasktel.net](mailto:s.fortney@sasktel.net). Individual tickets available at Conexus Credit Union in Rocanville and Moosomin, or by Contacting Owen Wilson at 306-645-9596.

You won't want to miss being entertained by this Elvis tribute artist accompanied by his 11 piece band.



There are a million reasons to be proud of our local athletes this month!

Congratulations to the Rocanville Sr. Tigers for winning the THL Championship!!

Congratulations to our Rocanville PeeWee Players who won the PeeWee Provincial 2017 Championship with the Wapella Blackhawks!

Congratulations to the Rocanville Sr. Boys Basketball team who placed second at Hoopla!

Also congratulation to all local athletes who participated in sport and show cased their awesome talent! We are proud of you!



**Webster Cemetery**

The Webster Cemetery Board would like to extend a huge “Thank-you” to Carol Greening for her many years as Secretary-Treasurer. Carol has now stepped down from this position. Glenda Brown has taken over as Secretary-Treasurer. She can be contacted at 306-645-4422, and will take care of all of your needs. We would also like to thank all of the individuals who make donations to the cemetery. It is your donations and the dedication of Scott and Heather Norton, our caretakers, who allow us to keep the cemetery looking immaculate.

- The Webster Cemetery Board

*Thank You*

**Rocanville Playschool**

The Rocanville playschool would like to Thank the Saskatchewan Lotteries Community Grant and the Rec Office for their generous contribution to the Playschool. We would also like to Thank PCS for their generous donation.

### Rocanville Community Thrift Store Schedule April 2017

Monday, Wednesday & Friday 1 - 4 PM, Thursday 6 - 8 PM

Monday, April 3rd - Penny Yung, Denise Callin, Terry Felsing, Joyce Surridge	Friday, April 21st - Anne Knight, Anna DeCorby, Christina Kim, Suzanne Wushke
Wednesday, April 5th - Eileen Etherington, Irene Norton, Audrey Bodenstaff, Eva Swanson	Monday, April 24th - Irene Norton, Joyce Surridge, Terry Felsing, Gwenda Norrie
Thursday, April 6th - Anne Knight, Marjorie Thompson, Glenda Brown	Wednesday, April 26th - Penny Yung, Marilyn Hickie, Phyllis Harper, Audrey Bodenstaff
Friday, April 7th - Willa Clarke, Gwenda Norrie, Christina Kim, Marilyn Hickie	Thursday, April 27th - Willa Clarke, Marie Nixon, Deb Selby
Monday, April 10th - Linda Bock, Suzanne Wushke, Anna DeCorby, Eva Swanson	Friday, April 28th - Anne Knight, Denise Callin, Anna DeCorby, Dianne Norton
Wednesday, April 12th - Anne Knight, Joyce Surridge, Marie Nixon, Phyllis Harper	Monday, May 1st - Irene Norton, Eva Swanson, Christina Kim, Suzanne Wushke
Thursday, April 13th - Penny Yung, Dianne Norton, Ruth Desjarlais	Wednesday, May 3rd - Therese Fafard, Lina Bock, Joyce Surridge, Gwenda Norrie
Friday, April 14th - GOOD FRIDAY- CLOSED	Thursday, May 4th - Eileen Etherington, Marjorie Thompson, Sandra Maki, Bev Casemore
Monday, April 17th - Eileen Etherington, Irene Norton, Audrey Bodenstaff, Denise Callin	Friday, May 5th - Penny Yung, Willa Clarke, Marilyn Hickie, Phyllis Harper
Wednesday, April 19th - Therese Fafard, Linda Bock, Marjorie Thompson, Marie Nixon	
Thursday, April 20th - Willa Clarke, Sylvia Magnusson, Lisa Restau	

# ROCANVILLE

## THURSDAY, APRIL 6

### 5 TO 6

Come see

**110 Alexander Street**

With Fawn 306-743-7921

MLS®596330

**\$222,500**

Come see

**213 Pelly Street**

With Sarah 306-740-9790

MLS®592636

**\$339,000**

Come see

**105 Garry Street**

With Lynn 306-434-7851

MLS®586602

**\$135,000**

Come see

**211 Pitt Street**

With Rolna 306-435-7343

MLS®592685

**\$186,900**





## LOOK WHAT'S NEW:

Open EVERY FRIDAY from 1:00-6:00

Fresh cucumbers and lettuce now ready! We also have our own carrots, onions & more.

Fresh local baking, honey, organic grain and we now carry Saskatchewan grown wild rice!



**Greenhouse open starting May 1: Mon-Sat 9:00-7:30**

**Grand Opening May 5 & 6**

**Free Coffee & Cookies**



**GREENHOUSE CATALOGUES AVAILABLE NOW!**

Email: [info@cornucopiagardens.ca](mailto:info@cornucopiagardens.ca)  
to get your own FREE copy today!

**We are now offering classes! \$10 plus supplies**

**Succulents: April 8 @ 1:00**

**Miniature Gardening: April 15 ~~Kids 10:00-1:00~~ 3:00**

**Pre-registration only, call/text 306-434-8400**



**APRIL 2017**

**ST. PAUL'S UNITED CHURCH**

Rocanville, Sask.

**WELCOMES YOU!**

Regular Church Service

11:30 A.M.

*Dawn Wilson*

**SUN. APRIL 02 - Anglican/United Church Service - Pot Luck Lunch**

**SUN. APRIL 09 - PALM SUNDAY**

**FRI. APRIL 14 - GOOD FRIDAY!**

**WALK FOR CHRIST - WATCH FOR DETAILS.**

**SUN. APRIL 16 - EASTER SUNDAY**

Wed. April 05 & 12 - 20 Golden Minutes at Hope  
Congregational Church @12:10 p.m.  
with fellowship and lunch.

**FRI. APRIL 21 - A SOUP AND SANDWICH  
LUNCHEON IN THE CHURCH BASEMENT  
STARTING AT 11:30AM.**

Bible Study - Wed. evenings @7:15 p.m.  
Senior Choir Practice -Wed. evenings @ 7:00p.m.

*John 11: 25-26 - Jesus said to her, "I am the resurrection and the life;  
he who believes in me, though he die, yet shall he live,  
and whoever lives and believes in me shall never die.*

**ST. THOMAS ANGLICAN CHURCH**

"Anglicans Serving the Community Since 1883"

201 Carlton Street~Rev. Dr. Trish McCarthy~306-435-3002

**ALL ARE WELCOME TO SHARE IN GOD'S WORD**

As a mother comforts her child, so will I comfort you.~Isaiah 66:13

**April Services**

Apr 2~Joint Service & Sunday School at 11:30 am in  
St. Paul's United. Potluck Lunch to follow.

Apr 9~PALM SUNDAY  
Holy Communion Service & Sunday School at 11 am.  
Potluck lunch to follow.

Apr 11~HOLY TUESDAY Holy Communion Service at 7 pm.

Apr 13~MAUNDY THURSDAY~Traditional Passover Meal & Potluck.  
ALL ARE WELCOME to come to our Parish Hall at 6 pm.

Apr 14~GOOD FRIDAY~WALK FOR JESUS starts at 9 am at the  
Catholic Church. Service in St. Thomas at 10 am.

Apr 19~EASTER SUNDAY! He Is Risen!  
Morning Prayer and Sunday School at 11 am.

Apr 23~Holy Communion Service & Sunday School at 9 am.

Apr 30~Parish Service at 11 am in St. Alban's, Moosomin.  
Confirmation Students are leading the Morning Prayer Service.

\*\*\*20 Golden Minutes Lenten Services at Hope Congregational

Church on Wednesday, April 5<sup>th</sup> and 12<sup>th</sup>. Everyone welcome!\*\*\*

ALL children of ALL ages are welcome to join our fun-filled Sunday School.  
Call Desirae for further information at 306-435-6156.

Confirmation Classes continue.

Bible Study on the Gospel of Matthew on most Tuesdays at 7 pm.

\*\*\*Mothers' Day Tea~~May 13th\*\*\*

\*\*\*Watch for a Men's Breakfast event coming soon!\*\*\*

\*\*\*Wheelchair accessible Hall & Church rentals, call 306-645-4285\*\*\*



**parks • recreation**

Box 576  
Rocanville, Sk.  
SOA 3LO

**Rocanville Recreation**

Email: [rocanville@sasktel.net](mailto:rocanville@sasktel.net)

Phone: 306-645-2164

808 Frances Ave.



**parks • recreation**

Box 576  
Rocanville, Sk.  
SOA 3LO

Just a few reminders!

We no longer accept late community calendar ads. The deadline will be posted on the front page of the calendar. Please send any submissions to [rocanville@sasktel.net](mailto:rocanville@sasktel.net) and include a billing address.

In an effort to be more efficient this year we are requesting all of the boards that exist in town to send a list of their members. This way we know who to contact when a question or issue comes up.

If cost is a barrier for your children to participate in sports please call or visit the office and we would be happy to provide you with a KidsSport form.

**Our Annual General Meeting will be held on Wednesday, April 12th at the hall at 7:00pm.**

Be sure to like us on Facebook to keep up with all of the events happening in the community!

Also head on over to our town's website, [rocanville.ca](http://rocanville.ca), to keep up with upcoming events and facility schedules!

**Job opportunity!**

Rocanville Recreation is hiring a summer student! The position is for Summer Program Assistant. Please send resume to [rocanville@sasktel.net](mailto:rocanville@sasktel.net)





The Royal Canadian Legion, Rocanville Branch #020, is gathering information about the history of the Rocanville cenotaph, honour rolls, and museum displays of military memorabilia to include in a special edition of the Saskatchewan Command Military Service Recognition Book.

We are looking for old photographs of the cenotaph in its original location as well as its present location (or the moving process) and photos of any special events (like the unveiling ceremony) that involved the cenotaph. Please contact Penny Yung, Shirley Duce or Brenda Hancock if you can help us with this request.

Since 2008, the Royal Canadian Legion of Saskatchewan has published a book on RCMP and military members who live or have lived, or serve or have served in Saskatchewan. It is through submissions from the public (and from descendants of veterans) that allow these books to be put together. There is a Military Submission Form that can be obtained from your local Legion and we are more than willing to help you with the form so your relative(s) and his/her military contribution can be included in an upcoming book.

Rocanville Branch #020 - RCL

### Hunter Education and Firearms Safety



**April 29 & 30  
May 6 & 7**



Possession & Acquisition Licence (PAL) Course will be held on the first weekend only, April 29 & 30 (18 years and older).

Hunter Education and Firearms Safety will be held on both weekends.

**Cost:**  
**\$200 for the full course**  
**\$150 for the PAL course**

Registration deadline is Friday, April 21st. There are only 12 spots available so don't hesitate to register!

Contact Les Howie @ 306-643-2101 to register.

### Job Opportunity

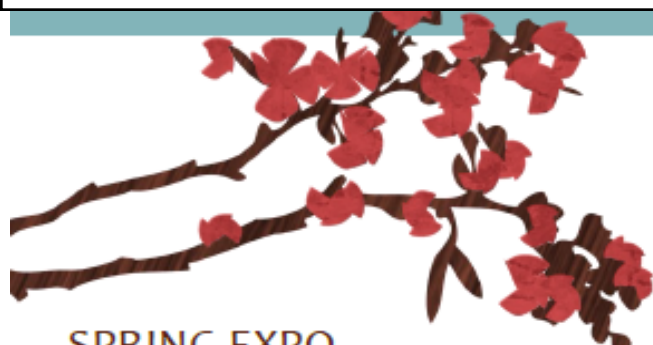
Applications are now being accepted for the position of summer student at the Rocanville Museum.

Must be 16 or older and a full time student.

Job is full time for the months of July and August. The job includes yard and building maintenance, touring visitors, painting and working with Museum Members.

Please mail applications with resume to:

**Rocanville and District Museum**  
**"Job Application"**  
**Box 490**  
**Rocanville, Sask**  
**S0A 3L0**



## **SPRING EXPO TRADE SHOW ROCANVILLE, SK**

Spring is in the air time to get out and do so some serious shopping!

**APRIL 22, 2017**

**SATURDAY 10:00 AM TO 3:00 PM**  
**THE NEW PENTECOSTAL CHURCH HALL**  
**1002 RAILWAY AVE ROCANVILLE, SK**  
**DOUG LANCASTER 306-645-2841 (CHURCH No.)**

### **VENDOR TABLES \$20.00**

SUNSET GOURMET, THIRTY-ONE, STEEPED TEA, JOWAH/SWAN'S CROCHET, THRIVE LIFE, DEBRA DEE BOUTIQUE, MARY KAY, TUPPEWARE, GRID ROAD CLOTHING, FARM KID CREATION, SPRAY TANNING BOOTH, WILLOWS AND WEEDS, BABBAGE ROLLS BY DARCY, CUSTOM CREATIONS, WATKINS, NORWEX, CROCHET/MITTENS, FALLAN THREADS, STELLA AND DOT, EPICURE, BAKING TABLE, WOODLOFT, PAMPERED CHEF, AND MORE  
THERE WILL BE A PENNY ARCADE TABLE WITH AWESOME PRIZES FROM OUR VENDORS

**LUNCH: CHILI AND BUN FOR \$8.00**  
**(INCLUDES BEVERAGE AND DESERT)**

May 5th is going to be a GRAND of a Day in Rocanville!



Start your day off at Gridiron Bar & Grill with Tania & her Staff, for coffee and Ribbon Cutting @ 10:00am

Then Pop on over to the new Rocanville Remedial MassageTherapies for Ribbon Cutting @ 10:45

Followed by a mini market

Checkout the Smoothie Bar (all proceeds going to the Dream Big Childcare and the Hickman Family)

Get your name into the Giveaways and Draws



Join Decker's H2O & Spirits to Go @ 11:30 for Cutting of the Ribbon.

Hot Dog Sale to follow with proceeds going to The Rocanville Playground Committee.

Spirits Tasting, Oliv Oil & Balsamic Vinegar tasting, Giveaways and Draws

**Check out Donna Jack's Gallery & Gift as they celebrate their Annual Spring Fling with Bling Thing**  
**May 5th from 9:30—5:30 May 6th 10:00—4:00**  
**Sales and in store specials**

There is always something new at



ROCANVILLE, SASK. 645-2721



## PINKS LAWN CARE SERVICE

WINTER 2016/SPRING-SUMMER 2017

SNOWBLOWING

LAWN CUTTING

EAVES TROUGH  
CLEANING

GENERAL YARD WORK



CALL FLOYD  
FERGUSON @  
306-645-2617

PLEASE LEAVE A MESSAGE



FOR ALL YOUR HOME REPAIR AND RENOVATION NEEDS:

Gyproc – Insulation – Flooring – Paint and Stain – Windows – Doors

Kitchens – Bathrooms

Interior – Exterior

ALSO AVAILABLE:

House, Garage, Shop and Shed Packages



*We're more than just metal*

Stop in and check out our show room, ask for your free  
estimate for your project: we are here to help!

FIND US NORTH OF THE GOLF COURSE  
HWY #8, ROCANVILLE  
306-645-2050

## Computer Problems?

*TJK Technologies can help!*



Specializing in Computer Sales &  
Service for Home and Business

Network and Wireless solutions for  
Home and Business

Security Cameras for your Business or  
Farm

TJK Technologies  
Trent Kurbis  
Rocanville, SK

Tel: 306-645-2103  
Email: [tjktech@sasktel.net](mailto:tjktech@sasktel.net)  
[www.tjktech.ca](http://www.tjktech.ca)

## Rocanville Aquatic Center

We are hiring for the summer of 2017  
Positions for Lifeguards and Instructors available.  
Full Time, Part Time and casual  
positions available.

We will train you.

*Did you know?*

*You do not have to be a lifeguard to be an  
instructor.*

Please send resume to  
[rocanvillepool@gmail.com](mailto:rocanvillepool@gmail.com) or mail to Box 506  
Rocanville, Sk S0A 3L0



Cleaning Bee on Saturday, April 8th! If you would like to help out please  
join us starting at 9:30am! Everyone who  
volunteers will be

entered  
in a draw for free  
swims!





# Canada 150 Celebration!



Saturday, June 17th Rocanville will be celebrating Canada's 150th Birthday! The day will feature a Parade, Car Show, Splash and Dash at the Rocanville Aquatic Center and FIREWORKS by Paradise Fireworks from Regina.

To register your business, church, group or team for the parade – suggested theme is Canada 150 please contact Andrea Dunn @ [borderlandcoop.com](mailto:borderlandcoop.com).

Splash and dash is a simple, fun and challenging event! We will be seeking two person teams consisting of one adult and one student. Teams will compete a 150m swim and a 1500m run or walk. Swim distances will vary according student age. There will be a modest entry fee for this fitness fundraiser!

**HAPPY BIRTHDAY!**

PotashCorp Rocanville Community Hall - Call Steve @ 306-435-7703 for bookings

Area Rented	Four Hour Rental	Eight Hour Rental	Twenty-Four Hour Rental	Three Consecutive Days	Seven Consecutive Days
Entire Facility	\$150.00	\$225.00	\$300.00	\$650.00	\$1,200.00
Damage Deposit	\$40.00	\$50.00	\$75.00	\$150.00	\$300.00
Main Hall only	\$100.00	\$150.00	\$200.00	\$400.00	\$800.00
Damage Deposit	\$25.00	\$40.00	\$50.00	\$100.00	\$200.00
Conexus Room including kitchen/bar	\$75.00	\$110.00	\$150.00	\$300.00	\$600.00
Damage Deposit	\$20.00	\$25.00	\$40.00	\$75.00	\$150.00
Conexus Room only	\$40.00	\$60.00	\$80.00	\$160.00	\$320.00
Damage Deposit	NA	NA	NA	\$40.00	\$80.00
Kitchen/Bar only	\$60.00	\$90.00	\$120.00	\$240.00	\$480.00
Damage Deposit	\$15.00	\$25.00	\$30.00	\$60.00	\$120.00
Stage Only	\$25.00	\$35.00	\$50.00	\$100.00	\$200.00
Damage Deposit	NA	NA	NA	\$25.00	\$50.00
Actors Room including piano	\$7.00/hr	\$35.00	\$50.00	\$100.00	\$200.00
Damage Deposit	NA	NA	NA	\$25.00	\$50.00
Rec Office Meeting Room Weekends only	\$20.00	\$30.00	\$40.00		
Damage Deposit	NA	NA	NA	NA	NA
Coffee, cups, etc.	\$5.00 per pot of 10 cups				
Setup Entire Hall	\$0.35/chair plus \$1.20/table includes tables, chairs, podium, microphones				
Tear Down Entire Hall	\$100.00 plus \$0.35/chair plus \$1.20/table includes wiping off and replacing tables and chairs, sweeping floors				
Setup Conexus Room	\$15.00 includes tables chairs				
Tear Down Conexus Room	\$25.00 includes cleaning off and replacing tables and chairs, sweeping floors				
All prices and damage deposits are subject to GST					

## WE DELIVER!

**GOING ABOVE AND BEYOND...  
FREE DELIVERY SERVICE  
FOR SENIORS**

Do you need help with carrying softener salt into your house and filling your softener?  
**We're here to help with that and so much more!**

**FREE DELIVERY TO SENIORS EVERY 1ST TUESDAY OF THE MONTH**

**Moosomin Home Centre**  
 1100 Park Ave.  
 Moosomin, SK  
 306.435.2642

**Rocanville Home Centre**  
 303 Ellice St.  
 Rocanville, SK  
 306.645.2152

**Whitewood Home Centre**  
 804 South Railway St.  
 Whitewood, SK  
 306.735.2410

**CO-OP Borderland**

**80th ANNIVERSARY 1937 - 2017**

**HOUSE FOR SALE**

212 CARLTON STREET  
ROCANVILLE

5 bedrooms / 2 baths,  
completely renovated.  
Close to downtown. 75 ft  
beautiful lot.  
Call 306 435 6492





**Please join  
our team in  
welcoming  
our new  
manager!**

**Thursday, April 27, 2017**

From 2-4 p.m., Rocanville Branch

Refreshments provided

**conexus**  
Credit Union



## Winter Tire Swap Special

Remove winter tires,  
install & balance summer tires for you.

\$100 on cars & suv's

**Rick Goulden Rocanville, Sk. 1-306-435-9666**

Located 1 mile East of Coop Cardlock



**Thank you  
from  
Rocanville  
Minor Hockey**



**Thank You To Our 2016-2017 Sponsors:**

### **PLATINUM SPONSOR**



### **GOLD SPONSORS**



### **SILVER SPONSORS**

Johnston's Grain Marketing   Kentrax   TD Canada Trust   Bock & Company Law Office   Goodman's Steel  
Gawsang Enterprises Ltd (Rocanville Motel & RV Park)   Rocanville Thrift Store   Morley Lowe

### **BRONZE SPONSORS**













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Therapeutic Massage by Angela   Mac Munro's Family   Rocanville Remedial Massage Therapies





## Rocanville School April 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Soccer Registration Deadline 	3 Day 3  Kindergarten	4 Day 4 Student Led Conferences 4:00 – 7:00 p.m. Scholastic Book Fair at the Library	5 Day 5 Pizza Day  Student Led Conferences 4:00 – 7:00 p.m. Scholastic Book Fair at the Library Kindergarten	6 Day 6	7 No School for Staff and Students (Day in Lieu)	8
9	10 Day 1  Kindergarten	11 Day 2	12 Day 3 Pizza Day 	13 Day 4	14 Good Friday  No School	15
16	17 	18 	19 	20 	21 	22
23	24 Day 5  Kindergarten	25 Day 6 Sr. Badminton Pre- districts 	26 Day 1 Pizza Day 	27 Day 2	28 Day 3  Kindergarten	29 Sr. Badminton Districts 
30						

## Rocanville Grad Class Alumni Scholarship Fund

Two—\$200 yearly scholarships available!

*Application Deadline May 30<sup>th</sup>*

Applications available at the school through Mrs. Kingdon or  
Mrs. Decorby



The Rocanville Grad Class is pleased to present a new scholarship available to future Graduates. The Class of 2016 had excess funds from their party and with their parents have decided to start this scholarship.

If there are any past or future graduates who would like to donate to this scholarship to keep it viable for years to come, please contact Shawna Green 306-434-8690 to donate.

The playground committee is working on some fun and exciting fundraisers to take place in 2017 !!

### Rocanville Playground Committee

The current wooden play structure is 30 plus years old and is beyond repair. Playground equipment is very, costly and we have been working hard at this but still have a long way to go.

This project will be funded solely by donations and fund-raising efforts. Some of the fundraisers that are coming up include:  
Star Search - May 27th

This structure will bring joy to the community for many years to come! If you would like to make a donation, please send a cheque made out to Rocanville Playground Committee to:  
Box 450  
Rocanville, SK  
S0A 3L0

And a big thank you goes out to everyone who has already contributed, including Saskatchewan Lotteries Community Grant Program.

**Saskatchewan  
LOTTERIES**



## BENEFIT FOR Brad & Pam Hickman Family

# Saturday, May 13, 2017

PotashCorp Rocanville Community Hall

Supper: 5:30 p.m. (\$15/Plate) • Silent Auction

Cabaret to Follow

9 p.m. - 2 a.m. • No Minors Allowed

## \$10 for Cabaret

Music By: The Unaccompanied Miners

Pam was diagnosed with breast cancer recently. Please come out and show your support!  
Donations are being accepted at Conexus Credit Union under "Benefit for Pam Hickman"

**SUPPER TICKETS CAN BE PURCHASED BY CALLING:**

Owen Wilson - 306-435-9596 • Bonnie Gerspacher - 306-435-9598  
or at Rocanville School or Rocanville Conexus Credit Union Branch

# Advanced Supper Tickets Only!