

Registrations Now Open

Prenatal Caring Circle

A **free six week** program that promotes families learning together, bonding, and well-being from conception to birth and beyond.

Healthy snacks and free



Expectant Mothers
or Recent Mothers
and the important people in
their life.

Date: Starts Wed April 15

Time: 6:30 to 8:30 p.m.

Location: 218 Ellice Street

Rocanville , SK

To Register call Crystal

(306) 435-6278

- Learn ways to strengthen the bond with baby before and after birth
- Learn about Family Literacy and your little one
- Learning ways to nurture your well being