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## Financial roadblocks

How emotions can create barriers to financial wellness.

IT MAY NOT SEEM IMMEDIATELY OBVIOUS, but financial wellness is a key element of our overall physical and mental health. When people feel financially well, they exercise more, eat more fruits and vegetables, and get health checkups more regularly. They tend to worry less about money. However, according to a recent study, 40 per cent of Canadians feel financially unwell. They are less knowledgeable about investments than their financially well peers, are less likely to feel prepared to deal with a financial emergency, and are highly unlikely to be on track to reaching their retirement goals.<sup>1</sup> A follow-up study reveals that over half of individuals who seek professional help to deal with life issues also have financial challenges. However, only one-third of counsellors surveyed found that their clients saw a connection between their finances and other problems.<sup>2</sup> It's difficult to talk about money issues. People who are financially unwell may have emotional barriers preventing them from gaining control over their finances. Those barriers – or feelings – include embarrassment, shame, fear and guilt. They

may worry about being judged or stigmatized for their money problems.<sup>3</sup> And these emotions can keep them from dealing with their financial issues or seeking help.

Clearing the path to financial wellness

Money issues are not uncommon, nor are they an indication of failure. The same way individuals take steps to improve their physical health, they can take steps to improve their financial wellness. With the right support, Canadians can make progress towards better managing their money. An advisor can provide guidance around budgeting, managing debt and investing. He or she can help with planning for retirement and preparing for financial emergencies. What's more, an advisor can help an individual stay on track and avoid the emotional roadblocks that can hinder success. Each step can bring a person closer to reaching financial health. To create a plan specific to your goals, or if you have concerns about your financial situation, give us a call.

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that regard. Many of the issues discussed will vary by province. Individuals should seek the advice of professionals to ensure that any action taken with respect to this information is appropriate to their specific situation. E & O E. Commissions, trailing commissions, management fees and expenses all may be associated with mutual fund investments. Please read the prospectus before investing. Mutual funds are not guaranteed, their values change frequently and past performance may not be repeated. Any amount that is allocated to a segregated fund is invested at the risk of the contractholder and may increase or decrease in value. [www.manulife.ca/accessibility](http://www.manulife.ca/accessibility)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2021 Community Calendar Advertising Costs</p>  <p>Small Ad - \$5 1/4 Page - \$20 1/2 Page - \$40 Full Page - \$80</p> <p><b>**There is a \$5 preparation fee for all ads that are hand written or we must design ourselves.**</b></p>					1	2
3	4	5  Museum Meeting 7:00pm	6	7	8	9
10	11 	12 	13 Council Meeting 7:00pm	14	15	16
17	18	19 	20	21	22	23
24 31 	25  POTLUCK	26   Community Calendar Deadline	27 Council Meeting 7:00pm	28	29	30 

# Town of Rocanville

## October, 2021



### *A Few Short Notes ...*

#### "Veteran's Avenue/Drive/Way"

Council has been approached to rename a street in Rocanville to honour our veterans. Railway Avenue is not really an option due to the cost to business' to change addresses and logos. We are asking you!! "THE PUBLIC" to think of an alternative street that we could possibly name in time for Remembrance Day.

Please email your ideas to the Town Office.

#### August Utility Invoices

Please ensure that the August utility invoice is paid by the end of October to avoid interested charges.

#### Electronic Messaging

We periodically send emails to Rocanville residents to inform of events such as water service disruption, garbage collection changes, etc. If you are interested in receiving this information, please email the Town Office: [rocanville.town@sasktel.net](mailto:rocanville.town@sasktel.net)

#### Compost Collection

#### COMPOST COLLECTION WILL CEASE ON

FRIDAY 29TH OCTOBER, 2021

It is appreciated when grass clippings and leaves are bagged or boxed;

Keep branches separate from grass/leaves;

Branches must not exceed 2" in diameter or 6 feet in length;

If you are cutting down a tree or removing a hedge, these large quantities of debris are your responsibility to remove.

**PLEASE DO NOT PLACE ANYTHING IN THE BACK ALLEY AFTER THIS DATE.**

#### Transfer Station Open:

Mondays	12:00-6:00
Fridays	2:00-6:00
Saturdays	11:00-3:00

#### Town Office Telephone:

306.645.2022

Fax 306-645-4492

Email:

[rocanville.town@sasktel.net](mailto:rocanville.town@sasktel.net)

#### **TOWN COUNCIL**

Mayor  
Ron Reed  
Councillors

Irene McLean  
Tristen Bell  
Chad Selby  
Tobin Shipp  
Paul Bunz  
Owen Wilson

Council Meeting s  
13th & 27th October



### PINKS LAWN CARE SERVICE

2021

LAWN CUTTING

EAVES TROUGH CLEANING

GENERAL YARD WORK



CALL FLOYD FERGUSON

306-645-2617

PLEASE LEAVE A MESSAGE

## CONCRETE RESTORATION CANADA

- Preventive Maintenance
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Marty DeCorby  
Box 731 Rocanville, SK S0A 3L0  
306-645-2777 (office) 306-435-0900 (cell)  
Email: [marty@concreterestore.ca](mailto:marty@concreterestore.ca)  
Web: [www.concreterestore.ca](http://www.concreterestore.ca)



We specialize in all aspects of the residential, commercial and agricultural concrete industry.

Serving Rocanville and surrounding areas.

This includes; slabs, floors, sidewalks, drive ways, grade beams, bin pads, ICF, etc.

Phone:

306-435-0125

306-434-9601

Email:

[parkconcrete@gmail.com](mailto:parkconcrete@gmail.com)

Website:

[www.parkconcrete.ca](http://www.parkconcrete.ca)

Find us on



## Welcome to Rocanville!

IF YOU ARE NEW TO TOWN  
PLEASE COME BY THE REC OFFICE  
MONDAY—FRIDAY 9AM—3PM  
OR CALL 306-645-2164

WE'VE PREPARED A WELCOME  
WAGON PACKAGE, FULL OF  
IMPORTANT COMMUNITY  
INFORMATION  
AND FREEBIES FOR YOU!

COURTESY OF OUR LOCAL BUSINESSES!!!







Highway 8  
PO Box 55  
Rocanville, SK  
Bus: 306-645-2050

**PARTNERS WITH:**



Regal Ideas



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**KAYCAN**  
BUILDING PRODUCTS



**ALL YOUR BUILDING NEEDS:**

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- **FLOORING**
- **CLOVERDALE PAINT**
- **PAINT ACCESSORIES**
- **OVERHEAD DOORS**
- **INTERIOR & EXTERIOR DOORS**
- **VINYL & METAL SIDING**
- **TRAEGER SMOKERS & SUPPLIES**
- **ROOFING METAL**
- **SHINGLES**
- **GARDEN SHEDS**
- **FENCE POST**
- **FREE ESTIMATES**



BUILDING PRODUCTS OF CANADA CORP.

**KAYCAN**  
BUILDING PRODUCTS



YOUR LOCAL MEMBER



## St Alphonsus R.C. Church Rocanville, SK Liturgical Celebrations for the month of October 2021

**Celebrant – Father Franklin Emereuwa**

Oct 03	- 27 <sup>th</sup> Sunday in OT	11:00 am
Oct 10	- 28 <sup>th</sup> Sunday in OT	9:00 am
Oct 17	- 29 <sup>th</sup> Sunday in OT	9:00 am
Oct 24	- 30 <sup>th</sup> Sunday in OT	9:00 am
Oct 31	- 31 <sup>st</sup> Sunday in OT	9:00 am

Weekday celebration on  
Wednesdays at 5:00 pm

"For where two or three are gathered in  
My name, I am among them"  
(Matthew 8: 20)

## St. Thomas Anglican Church

"Anglicans Serving the Community Since 1883"

201 Carlton Street

*'A Jesus-centered community for believers and doubters and  
everyone in between.'*

In-Person services are happening in the Parish Hall.

\*\*\*Sunday services by Zoom are for people who are unable to join us in the  
Hall. Please contact us if you'd like to participate.\*\*\*

\*\*\*If prayers or other pastoral activities are needed, please call  
306-645-4285 or 306-434-8301.\*\*\*

"Do not be afraid of them, for I am with you and will  
rescue you," declares the Lord.~Jeremiah 1:8

### October Services

- Oct 3~Morning Prayer Service at 11 am.
- Oct 10~Combined Service in St.Paul's United Church at 11:30 am.
- Oct 11~THANKSGIVING DAY!!
- Oct 17~Morning Prayer Service at 11 am.
- Oct 24~Parish Holy Communion Service in St.Alban's,  
Moosomin at 11 am. Potluck lunch to follow.
- Oct 31~Morning Prayer Service at 11 am. HALLOWEEN!

SUNDAY SCHOOL has started. Contact 306-435-6156 for further info.

Youth Night is Friday Nights at 7 pm at the Pentecostal Church

Confirmation Classes & BIBLE STUDY are starting in October.

Please call the numbers above for further information.

**OCTOBER 2021**

**ST. PAUL'S UNITED CHURCH**  
Rocanville, Sask.  
WELCOMES YOU!

Regular Weekly Church Services  
11:30 A.M.

Church Office 306-645-2942 or  
Rev. Barbara Wilkins home 306-645-0201

Rev. Barbara Wilkins will be in the Church Office  
Wednesday mornings 9 - 12.

Sunday Oct. 03 - Anglican/United Church Service.

Sunday Oct. 10 - Thanksgiving Sunday Service  
and Communion.

Sunday Oct. 17 and 24 - Regular Church Services.

Sunday Oct. 31 - No Church Service.

Choir Practise and Bible Study cancelled till further notice.

1 Thessalonians 5:16-18 - Rejoice always, pray  
constantly; for this is the will of God  
in Christ Jesus for you.

**CORE**  
INDUSTRIAL SERVICES L.P.

Call 306.745.4844 | We are available 24/7  
Commercial & Residential Services



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**Hotshot Services Site Mechanical Steamer & Pressure Washing**  
**Primus Line Installs**

[www.coreindustrial.ca](http://www.coreindustrial.ca) email: [sales@coreindustrial.ca](mailto:sales@coreindustrial.ca)

*New shop now located at Rocanville, SK*

**Head Office: 609 Main ST, Esterhazy, SK S0A 0X0**





## Rocanville School OCTOBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Day 4	2 Elem. Cross Country Districts @ Roc 1:00 p.m. 
3 	4 Day 5  Kindergarten	5 Day 6	6 Day 1 Pizza Day Sr. X-Country @ Roc 12:30 p.m.  Kindergarten	7 Day 2	8 Day 3  Kindergarten	9
10	11 Thanksgiving Holiday 	12 Day 4 Milk Contest order forms will be emailed	13 Day 5 Pizza Day  Kindergarten	14 Day 6	15 Day 1 Pre-orders for the Milk Contest due. Kindergarten	16 Cross Country Provincials 
17 Saskatchewan Library Week Oct. 17-23rd 	18 Day 2	19 Day 3 Picture Retakes 10:00 a.m.  Kindergarten	20 Day 4 Pizza Day 	21 Day 5 Milk Contest (please see Pg. 3 for details) Kindergarten	22 Day 6	23
24	25 Staff PD Day (no school for students)	26 Day 1  Kindergarten	27 Day 2 Pizza Day 	28 Day 3 Kindergarten	29 Day 4	30
31 Happy Halloween 						

Dream Big Child Care Centre is happy to be back hosting their annual Family Halloween Dance!

We are looking for donations of Halloween candy for the treat bags we give out at the dance.

If you can help, please drop off candy at Dream Big Child Care Centre.

Thank you for your support!

Happy Halloween!



## October at your library

As of September 17, per the new Government of Saskatchewan (GoS) Public Health Measures, masks are mandatory in indoor public spaces. Please ensure if you are coming to the library that you wear your mask.

Starting October 1, per the GoS Public Health Measures, patrons will be required to show proof of vaccination (at least one dose) or proof of a negative COVID-19 test in order to come in to the library.

We have a variety of new books on our Popular Picks shelf! There are lots of new adult books, as well as some new books for teens/young adults. These books are currently available only to Rocanville Library patrons. Come on in to check them out!

### PROGRAMMING:

- LEGO Makerspace Kit - Month of October. Come on in to build some LEGO items!
- Knit Night! - October 14 at 7p.m. Come on out for an evening of knitting, crocheting, or any project you would like to bring to work on. To register, please contact the library.
- Music & Arts Night! - October 29 at 7p.m. Come enjoy an evening jam session! Bring an instrument of your choice if you would like to partake. Refreshments will be provided. To register, please contact the library.



\*\* Please note, for adult programs, that they are subject to Government of Saskatchewan health regulations pertaining to COVID-19 guidelines.



### LIBRARY HOURS:

Wed: 9 AM-12 p.m.  
and 2-6 p.m.

Thurs: 2-6 p.m.

Friday: 2-6 p.m.

Phone: 306-645-2088

218 Ellice Street

If you have any questions regarding the current policies, would like to place holds or place a curbside pick up order – feel free to contact the library at 306-645-2088, [rocanville@southeastlibrary.ca](mailto:rocanville@southeastlibrary.ca) or through our Facebook page/messenger.



Interested in joining the Library Board? Call the Library at 306-645-2088!

Next Board Meeting:  
November 18, 2021 at 6p.m.





## Rocanville Community Thrift Store—October 2021

### Store Hours

Monday, Wednesday & Friday—1pm—4pm

Thursday—6pm-8pm

Fri. Oct. 1 – Denise Callin, Joyce Surridge, Terry Fletcher, Phyllis Harper

Mon. Oct. 4 – Irene Norton, Willa Clarke, Sylvia Magnusson, Irene Ruhland

Wed. Oct. 6 – Pam Botterill, Marie Nixon, Tammy Pegolo, Sylvia Magnusson

Thurs. Oct. 7 – Paul Bunz, Marilyn Hickie, Barbara Wilkens

Fri. Oct. 8 – Linda Bock, Charlotte Elliott, Terry Fletcher, Eva Swanson

Mon. Oct. 11 – THANKSGIVING DAY HOLIDAY

Wed. Oct. 13 – Penny Yung, Brenda McLoed, Phyllis Harper, Therese Fafard

Thurs. Oct. 14 – Irene Norton, Eileen Etherington, Deb Selby

Fri. Oct. 15 – Denise Callin, Marilyn Hickie, Tammy Pegolo, Joyce Surridge

Mon. Oct. 18 – Pam Botterill, Eva Swanson, Anna DeCorby, Charlotte Elliott

Wed. Oct. 20 – Paul Bunz, Penny Yung, Terry Fletcher, Marie Nixon

Thurs. Oct. 21 – Linda Bock, Sylvia Magnusson, Glenda Brown

Fri. Oct. 22 – Willa Clarke, Phyllis Harper, Irene Ruhland, Tammy Pegolo

Mon. Oct. 25 – Denise Callin, Pam Botterill, Eva Swanson, Anna DeCorby

Wed. Oct. 27 – Irene Norton, Therese Fafard, Brenda McLoed, Charlotte Elliott

Thurs. Oct. 28 – Penny Yung, Eileen Etherington, Barbara Wilkens

Thurs. Oct. 29 – Linda Bock, Willa Clarke, Joyce Surridge, Sylvia Magnusson

Mon. Nov. 1 – Paul Bunz, Irene Ruhland, Terry Fletcher, Marie Nixon

714 Railway Ave, Rocanville

306-645-4352



## Dream Big Child Care family HALLOWEEN dance



NINTENDO SWITCH DOOR PRIZE DONATED BY  
GOODMAN STEEL LTD.



LICENSED EVENT - DJ - PENNY ARCADE  
HOT DOG - DESERT - TREAT BAGS INCLUDED

TICKETS AVAILABLE AT THE DOOR - TD - CONEXUS - DREAM BIG  
\$ 10.00 ADULT - \$5.00 KIDS - 3 AND UNDER FREE

October 30th, 2021 5:00pm - 10:00pm Nutrien Community Hall



# Let's have some Fun Rocanville

Halloween is coming, this year we would like to see your creativity

## Scarecrow Contest

This is open to **ALL** residents and business' of Rocanville.

Your scarecrow can be spooky, traditional or just fun! Get creative with clothes, costumes, hats, scarfs, etc.!

Display your scarecrow in your yard or business.  
Please contact the Rec Office 306-645-2164 by October 25th with your name and address.



There will be a residential winner and a business winner.

Winners will be based upon originality.

Winners will be announced Friday October 29th, 2021

## Rocanville Aquatic Center



**UPDATE!!** Currently the community of Rocanville along with the Aquatic Center Fundraising Board have raised just under \$40,000. We have a long ways to go to reach our goal of \$500,000.

The Fundraising Board has several great fundraisers planned to take place over the next several months. Please stay tuned to our Facebook page for more information.

We are gratefully accepting donations to help with our fundraising efforts. Any amount donated is greatly appreciated and will be recognized.

**TO donate please make cheques payable to the Town of Rocanville and mail to:**  
**box 576, Rocanville, SK ,S0A 3L0**  
**or e-transfer:**  
**rocanville.town@sasktel.net**

### Donation levels

*Donations will be recognized on a wall at the Aquatic Center:*

\$100,000 + Legacy  
\$100,000 Diamond  
\$50,000 Double Platinum  
\$25,000 Platinum  
\$10,000 Ruby  
\$5,000 Gold  
\$2,500 Silver  
\$1,000 Bronze  
\$500 Sponsor  
\$250 Donor  
\$100 - Club

 **Your donation is greatly appreciated**



## DIAL-A-VAN ANNOUNCEMENT

Winter is coming so we are in trial mode. Many individuals worked hard to make the Dial-A Van a reality for our seniors and handicapped. Right now our ridership is very low. We have dedicated volunteer drivers who are scheduled to drive and often sit around all day with no calls. This is unfair to them as they are ready and willing to take you to your destination. IF the ridership doesn't improve, then we'll have to consider shutting it down. All seniors and handicapped individuals in the town of Rocanville are eligible to use the bus for a nominal fee. We are also able to take medical trips to Moosomin.

Please consider using our valuable service as we'd love to drive you to your destination. NO cold vehicle, groceries carried in, and friendly service.

We're counting on you to keep our bus in service!



### Virtual Pet Costume Contest

Join us for our first Pet Costume Contest

Send us a recent picture of your pet dressed up in their Halloween Best!

1> Send a recent photo per pet to [roCanVille@sasktel.com](mailto:roCanVille@sasktel.com)

2> In your email, include your pet's name & family name

3> Send photo by October 22, 2021 and will run on the Facebook page until October 31st, 2021

4> The winner will be based upon the most "LIKE" so encourage your family and friends to "LIKE" your picture

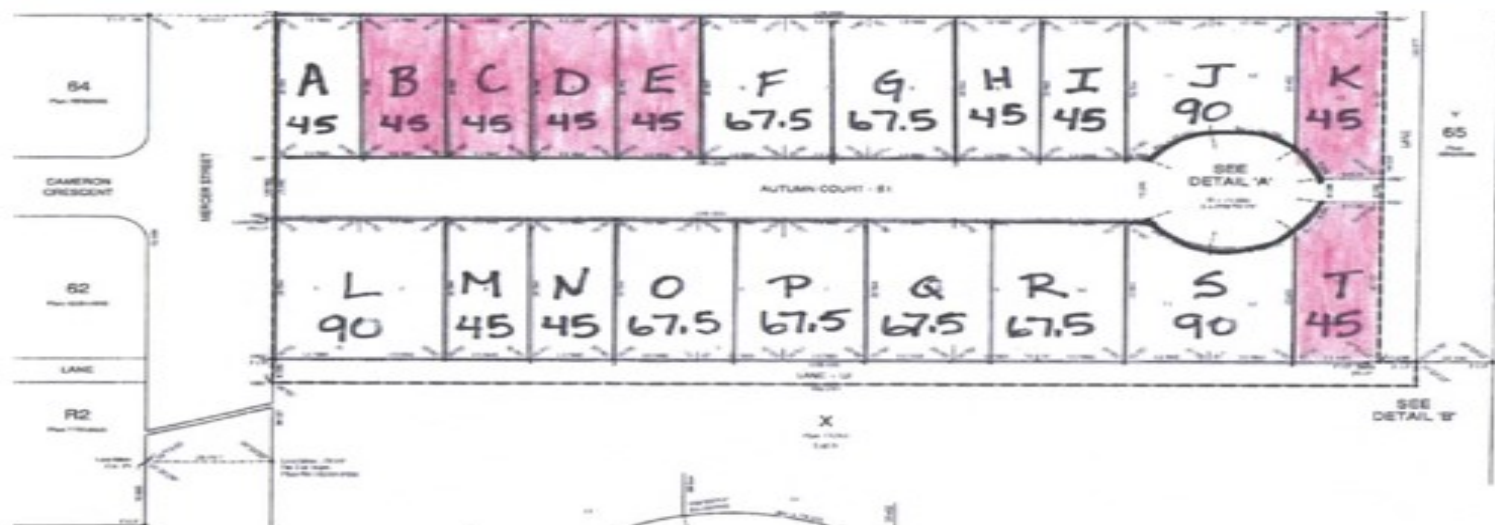
We look forward to seeing all the dressed up pets and your participation



**Autumn Court DEVELOPMENTS**



**1520 Sq. Ft. Home**  
(Located at 1230 Autumn Court)

This beautiful 1520 Sq. Ft. home is on lot G (67.5 ft lot) and is ONLY \$225,000.00 plus taxes. It has 3 bedrooms and 2 bathrooms. Gas fireplace, fridge, stove and dishwasher. It has large laundry room and a pantry. Call 306-645-2669 and ask for Tanis to book a viewing.

We also have 2 more modular homes moving in this summer!!

You can **RECYCLE** your **BATTERIES** and **CELLPHONES** here!



Ask for details at this location.

RM of Rocanville No.151 - Office  
Recharging the planet. Recycling your batteries.™ **call2recycle**

call2recycle.ca

**Rocanville Youth Running Club**

(Grade 4 and up)  
Friday Evenings @ 7:30pm  
Please meet at the outdoor basketball courts.  
For More information please contact  
**Monique Campbell**  
(728-7020)




**ROCANVILLE FOOD SHARE**

If you know of anyone in the area in need of food please contact

Rev. Paul Bunz 434-5375  
Roseanne Kelly 434-9484  
Faith Bachman  
Jean Howie  
Marjorie Thompson  
Jane Fahlman

FOOD OR CASH DONATIONS APPRECIATED  
CHEQUES MADE PAYABLE TO THE TOWN OF ROCANVILLE  
RECEIPTS FOR INCOME TAX AVAILABLE UPON REQUEST

**FoodShare**

## Rocanville Senior's Centre

Rocanville Senior's Centre is open for rentals in keeping with all Covid – 19 rules in place. Phone Mel Strong @306-645-4412 or Linda Bock @ 306-645-4287 for rental bookings.

The Centre is open for cards on Thursdays from 1:00 to 3:30 every week.

Potluck Suppers starting Monday September 27<sup>th</sup>.

Memberships are now due and can be paid to Penny Yung, chairperson of the membership committee. Hoping to see you all soon.



Please consider donating your recycling to the Rocanville School Band Program.

An account has been set up with Sarcan if anyone would like to donate.

To do this use the key word "roc band" all lower case with space between when using the drop and go at Sarcan.

If people don't have recycling but still wish to donate we have set up etrsfr to [rocانville.band@gmail.com](mailto:rocانville.band@gmail.com).

Any donation would be greatly appreciated.

**FUNDRAISING**



**coming THIS FALL**

**Darsart STUDIO & GALLERY**



**CHALK PAINT WORKSHOPS**

with **CHRISTY ROMBS-HUDACEK**  
Christy is a very talented maker!  
She will teach you how to use her line of APC Chalk Paints on trendy wood projects she has built.  
Contact Christy at 306-608-9243

follow Darsart FB for details or text Darlene: 306-434-8861





316 Ellice Street  
75' frontage X 120' deep.  
Large, flat, serviced lot & centrally  
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**\$22000 OBO**

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403-620-8268,  
or 306-577-9510



THANK YOU  
The Rocanville Museum  
would like to  
extend a huge  
"Thank- You"  
to all the  
volunteers that helped  
make our day a success.

**THANK  
YOU**

Thanks also to the  
UCW Pathfinders  
for providing the noon lunch.  
The support from the community and  
surrounding areas  
is greatly appreciated.  
50/50 winner of \$163.50 was Frances  
McDougall  
of Moosomin.

**GOODMAN  
STEEL LTD.**

The Thrift Store would like to thank Goodman Steel Ltd. for  
making and donating several sturdy clothes racks and also  
delivering them as well. This is very much appreciated by  
the THRIFT STORE TEAM.



**Thank You!**

## Good news for the Rink

**Ice Plant will be turned on the weekend of October 1st**



**Dillan Reavie will be our new  
Ice Professional and Rink Caretaker  
for the season.**

**We are very lucky to have him and  
his years of experience**



**Zaylie Furniture**

**Bedding & Appliances**

has **DONATED** a brand new stove for  
the Skating Rink Kitchen

