


RAC October Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10-12 Family Swim 1-3 Public Swim	2 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-7:30 Fitness	3 CLOSED	4 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-8:30 Public Swim	5 CLOSED	6 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-7:30 Fitness	7 CLOSED
8 10-12 Family Swim 1-3 Public Swim	9 CLOSED	10 CLOSED	11 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-8:30 Public Swim	12 CLOSED	13 9-10 Fitness 1-5 Public Swim 5:30-6:30 Lane Swim 6:30-7:30 Fitness	14 CLOSED
15 10-12 Family Swim 1-3 Public Swim	16 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-7:30 Fitness	17 CLOSED	18 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-8:30 Public Swim	19 CLOSED	20 9-10 Fitness 4:30-8:30 SWIM A THON	21 6:30-9:30 HALLOWE'EN PARTY
22 10-12 Family Swim 1-3 Public Swim	23 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-7:30 Fitness	24 CLOSED	25 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-8:30 Public Swim	26 CLOSED	27 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-7:30 Fitness	28 CLOSED
29 10-12 Family Swim 1-3 Public Swim	30 9-10 Fitness 3:30-5:30 Public Swim 5:30-6:30 Lane Swim 6:30-7:30 Fitness	31 CLOSED		 <p>ROCANVILLE AQUATIC CENTRE</p>		